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1
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00:00:00,000 --> 00:00:03,820

This episode is brought to you by Thorne and I have some incredible news for any of you

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00:00:03,820 --> 00:00:07,960

that are in the military, first responder or medical professions.

3

00:00:07,960 --> 00:00:15,860

In an effort to give back, Thorne is now offering you an ongoing 35% off each and every one

4

00:00:15,860 --> 00:00:19,780

of your purchases of their incredible nutritional solutions.

5

00:00:19,780 --> 00:00:27,280

Now Thorne is the official supplement of CrossFit, the UFC, the Mayo Clinic, the Human Performance

6

00:00:27,280 --> 00:00:31,480

Project and multiple special operations organizations.

7

00:00:31,480 --> 00:00:36,440

I myself have used them for several years and that is why I brought them on as a sponsor.

8

00:00:36,440 --> 00:00:42,080

Some of my favorite products they have are their Multivitamin Elite, their Whey Protein,

9

00:00:42,080 --> 00:00:45,840

the Super EPA and then most recently, Cynaguil.

10

00:00:45,840 --> 00:00:50,120

As a firefighter, a stuntman and a martial artist, I've had my share of brain trauma

11

00:00:50,120 --> 00:00:55,520

and sleep deprivation and Cynaquil is their latest brain health supplement.

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12
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00:00:55,520 --> 00:01:02,640

Now to qualify for the 35% off, go to thorn.com, T-H-O-R-N-E dot com.

13

00:01:02,640 --> 00:01:05,460

Click on sign in and then create a new account.

14

00:01:05,460 --> 00:01:09,800

You will see the opportunity to register as a first responder or member of military.

15

00:01:09,800 --> 00:01:14,680

When you click on that, it will take you through verification with GovX.

16

00:01:14,680 --> 00:01:19,000

You'll simply choose a profession, provide one piece of documentation and then you are

17

00:01:19,000 --> 00:01:20,920

verified for life.

18

00:01:20,920 --> 00:01:26,640

From that point onwards, you will continue to receive 35% off through Thorn.

19

00:01:26,640 --> 00:01:33,120

Now for those of you who don't qualify, there is still the 10% off using the code BTS10,

20

00:01:33,120 --> 00:01:36,120

Behind the Shield 10 for a one time purchase.

21

00:01:36,120 --> 00:01:41,780

Now to learn more about Thorn, go to episode 323 of the Behind the Shield podcast with

22

00:01:41,780 --> 00:01:45,480

Joel Titoro and Wes Barnett.

00:01:45,480 --> 00:01:50,460

This episode is sponsored by Inside Tracker and what makes me smile is before I even started

24

00:01:50,460 --> 00:01:56,240

my podcast 7 years ago, when listening to other wellness conversations, Inside Tracker

25

00:01:56,240 --> 00:02:00,400

was always the company they recommended for comprehensive blood work.

26

00:02:00,400 --> 00:02:07,080

Now in 2024, they have begun to offer a brand new first responder panel, which will cover

27

00:02:07,080 --> 00:02:13,000

nine biomarkers hitting several of the pillars of health that affect us in uniform.

28

00:02:13,000 --> 00:02:18,040

Stress, heart health, metabolism and gut health.

29

00:02:18,040 --> 00:02:23,960

After a very simple intake form, a blood draw, you will get the results sent to your computer,

30

00:02:23,960 --> 00:02:30,120

smartwatch, phone, not only detailing where you are on the scale from poor to optimized,

31

00:02:30,120 --> 00:02:34,200

but also tips on how you can improve each of these markers.

32

00:02:34,200 --> 00:02:40,460

Now this panel is usually \$310, but they are also offering first responders 30% off any

33

00:02:40,460 --> 00:02:42,320

of their blood panels.

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00:02:42,320 --> 00:02:47,080

So that brings this specific panel down to only \$217.

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00:02:47,080 --> 00:02:51,540

Now I myself went through their ultimate, which is their comprehensive blood work, which

36

00:02:51,540 --> 00:02:56,880

also includes micronutrients, hormones and other areas of overall health.

37

00:02:56,880 --> 00:03:02,040

And I have to say I was absolutely amazed at firstly how easy it was, but secondly,

38

00:03:02,040 --> 00:03:07,280

the comprehensive information I got and the actionable information on how to improve each

39

00:03:07,280 --> 00:03:09,280

of my own biomarkers.

40

00:03:09,280 --> 00:03:13,760

Now as with all my sponsors, if you want to hear more about Inside Tracker, you can hear

41

00:03:13,760 --> 00:03:20,380

my conversation with senior sales executive Jonathan Levitt on episode 887 of the Behind

42

00:03:20,380 --> 00:03:21,920

the Shield podcast.

43

00:03:21,920 --> 00:03:27,600

So to sign up or simply learn more, go to insidetracker.com and for the first responder

44

00:03:27,600 --> 00:03:33,920

panel, the easiest way is to Google Inside Tracker first responder panel.

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45
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00:03:33,920 --> 00:03:38,360

This episode is sponsored by 511, a company that I've used for well over a decade and

46

00:03:38,360 --> 00:03:41,000 continue to use to this day.

47

00:03:41,000 --> 00:03:45,600

And 511 is offering you guys, the audience of the Behind the Shield podcast, a discount

48

00:03:45,600 --> 00:03:48,400

on every purchase you make with them.

49

00:03:48,400 --> 00:03:52,000

Before we get to that code, I want to highlight a couple of products that again I personally

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00:03:52,000 --> 00:03:53,760 use today.

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00:03:53,760 --> 00:03:59,980

One of the most impressive products they just released is their Rush Backpack 2.0.

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00:03:59,980 --> 00:04:03,000

Now for many of you, whether you're going to the fire station, the police station, whether

53

00:04:03,000 --> 00:04:07,280

you're traveling with your family, whether you're taking training courses, we have to

54

00:04:07,280 --> 00:04:09,920

fly, we have to drive, we have to take trains.

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00:04:09,920 --> 00:04:15,240

And I have to say, I own multiple backpacks, many of 511's different ones, but as far as

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00:04:15,240 --> 00:04:18,400

a daypack, this one was the most impressive.

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00:04:18,400 --> 00:04:20,280

There are so many different compartments.

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00:04:20,280 --> 00:04:22,920

The way it sits on your back is incredibly comfortable.

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00:04:22,920 --> 00:04:27,360

If you are a concealed carry person, there's also a spot for a weapon.

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00:04:27,360 --> 00:04:31,160

So they've thought of multiple, multiple things that a man or woman would have to do on a

61

00:04:31,160 --> 00:04:32,760

daily basis.

62

00:04:32,760 --> 00:04:36,520

That is in addition to all of the products that I talk about a lot.

63

00:04:36,520 --> 00:04:42,280

Their uniforms fit for men or fit for women in the first responder professions.

64

00:04:42,280 --> 00:04:46,040

The footwear that they offer, whether it's the Norris sneaker or the Atlas system that

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00:04:46,040 --> 00:04:50,760

is designed for foot health and therefore knees and back and hips and shoulders and

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00:04:50,760 --> 00:04:52,040

neck.

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67
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00:04:52,040 --> 00:04:54,480

As a civilian, I live in a lot of their clothes as well.

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00:04:54,480 --> 00:04:57,440

Their jeans stretch, you can actually squat down in them.

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00:04:57,440 --> 00:05:01,560

We live in Florida here, so I wear a lot of their shorts, which again, very, very lightweight

70

00:05:01,560 --> 00:05:02,560

material.

71

00:05:02,560 --> 00:05:05,180

You can get it wet and it will dry almost immediately.

72

00:05:05,180 --> 00:05:08,880

And then moving to the fitness and tactical space, I used to have just a regular weight

73

00:05:08,880 --> 00:05:09,880

vest.

74

00:05:09.880 --> 00:05:14.400

Recently, I switched to a 511 vest and actually bought ballistic plates as well.

75

00:05:14,400 --> 00:05:17,840

My thinking was simply, if I'm going to have a vest, why not have one that protects me

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00:05:17,840 --> 00:05:18,840

as well?

77

00:05:18,840 --> 00:05:22,440

And that tack vest is trusted by law enforcement all around the country.

00:05:22,440 --> 00:05:25,100

So I mentioned they were going to offer you a discount code.

79

00:05:25,100 --> 00:05:32,440

So if you go to 511tactical.com and enter the code SHIELD15, S-H-I-E-L-D-1-5, you will

80

00:05:32,440 --> 00:05:37,760

get 15% off not just that one purchase, but every time you visit their store.

81

00:05:37,760 --> 00:05:42,320

If you want to learn more about 511, their mission, their products, then listen to episode

82

00:05:42,320 --> 00:05:50,480

338 of the Behind the Shield podcast with the CEO and founder, Francisco Morales.

83

00:05:50,480 --> 00:05:51,600

Welcome to the Behind the Shield podcast.

84

00:05:51,600 --> 00:05:55,320

As always, my name is James Gearing and this week it is my absolute honor to welcome on

85

00:05:55,320 --> 00:06:01,280

the show firefighter and rope rescue guru, Ryan Allen.

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00:06:01,280 --> 00:06:05,760

Now in this conversation, we discuss a host of topics from training to become a firefighter

87

00:06:05,760 --> 00:06:14,160

in California, his move to Florida, some notable water rescues, his journey into special operations,

88

00:06:14,160 --> 00:06:19,960

the unique challenges the Orlando Wheel presents for the climbing team, the Central Florida

89

00:06:19,960 --> 00:06:23,220

Rope Rescue Challenge, and so much more.

90

00:06:23,220 --> 00:06:27,880

Now before we get to this incredible conversation, as I say every week, please just take a moment,

91

00:06:27,880 --> 00:06:32,680

go to whichever app you listen to this on, subscribe to the show, leave feedback and

92

00:06:32,680 --> 00:06:34,560

leave a rating.

93

00:06:34,560 --> 00:06:39,640

Every single five star rating truly does elevate this podcast, therefore making it easier for

94

00:06:39,640 --> 00:06:41,120

others to find.

95

00:06:41,120 --> 00:06:46,040

And this is a free library of almost 900 episodes now.

96

00:06:46,040 --> 00:06:51,720

So all I ask in return is that you help share these incredible men and women stories so

97

00:06:51,720 --> 00:06:57,040

I can get them to every single person on planet earth who needs to hear them.

98

00:06:57,040 --> 00:07:01,600

So with that being said, I introduce to you, Ryan Allen.

00:07:01,600 --> 00:07:02,600

Enjoy.

100

00:07:02,600 --> 00:07:24,520

Well, Ryan, I want to first say it's great to see you again.

101

00:07:24,520 --> 00:07:29,480

Obviously you and I worked together in Orange County several years ago now.

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00:07:29,480 --> 00:07:33,120

But firstly, I just want to welcome you to the Behind the Shield podcast.

103

00:07:33,120 --> 00:07:37,000

Thank you very much, James, and happy to be here, humbled to be here.

104

00:07:37.000 --> 00:07:41,040

So where on planet earth are we finding you on this beautiful Florida afternoon?

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00:07:41,040 --> 00:07:43,920

And I say that sarcastically as it's cold and wet outside.

106

00:07:43,920 --> 00:07:48,880

Yeah, that would be unincorporated Osceola County area.

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00:07:48,880 --> 00:07:56,080

So technically Kissimmee, I guess, but unincorporated Osceola County in the four corners area where

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00:07:56,080 --> 00:08:00,680

Osceola County, Orange County, Polk County and Lake County all kind of meet up.

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00:08:00,680 --> 00:08:02,320

So that's where you'll find me.

00:08:02,320 --> 00:08:05,080

Well, I know that you were not born here in Florida.

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00:08:05,080 --> 00:08:07,240

So let's start at the very beginning of your timeline.

112

00:08:07,240 --> 00:08:08,620

Tell me where you were born.

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00:08:08,620 --> 00:08:12,520

Tell me a little about your family dynamic, what your parents did, how many siblings.

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00:08:12,520 --> 00:08:13,520

Yeah.

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00:08:13,520 --> 00:08:16,320

So I was born not in Florida.

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00:08:16,320 --> 00:08:22,280

It was actually Huntington Beach, California, a different Orange County on the other coast.

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00:08:22,280 --> 00:08:28,200

So we have that coast in common over in California.

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00:08:28,200 --> 00:08:31,560

And my father worked.

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00:08:31,560 --> 00:08:41,380

He worked in a kitchen and bath showroom industry, like working on designing fancy bathtubs and

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00:08:41,380 --> 00:08:42,880

sinks and everything like that.

00:08:42,880 --> 00:08:49,520

But before he got into that, he was a surfer, really, really big surfer.

122

00:08:49,520 --> 00:08:51,560

And that's what he did.

123

00:08:51,560 --> 00:08:59,640

And so when I had an older brother, younger brother and a younger sister out there in

124

00:08:59,640 --> 00:09:01,240

Huntington Beach.

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00:09:01,240 --> 00:09:11,400

And we all eventually, except my two brothers, we all became firefighters in Florida eventually.

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00:09:11,400 --> 00:09:19,080

And that comes back to when we were in high school, we were a part of the Explorer Cadet

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00:09:19,080 --> 00:09:22,000

Program out there.

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00:09:22,000 --> 00:09:28,680

Really good program, unfortunately, was dissolved very recently.

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00:09:28,680 --> 00:09:30,560

Was Huntington Beach Search and Rescue.

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00:09:30,560 --> 00:09:35,560

It was one of the older Explorer Programs that existed out there.

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00:09:35,560 --> 00:09:40,160

And what was unique about it was it was a police and fire Explorer Program.

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132
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00:09:40,160 --> 00:09:41,720

It did both of them.

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00:09:41,720 --> 00:09:47,360

So I actually went into that program wanting to be a police officer and left wanting to

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00:09:47,360 --> 00:09:49,320

be a firefighter, strangely enough.

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00:09:49,320 --> 00:09:52,320

It's not strange at all.

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00:09:52,320 --> 00:09:53,320

Exactly.

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00:09:53,320 --> 00:09:54,320

Yeah.

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00:09:54,320 --> 00:09:59,140

Once you do both jobs, they're like, yeah, I'm going to stick with that one.

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00:09:59,140 --> 00:10:01,480

So that's how that started.

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00:10:01,480 --> 00:10:06,780

And all three of us ended up through that program at some point in our careers.

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00:10:06,780 --> 00:10:13,000

And that taught me a lot about the job that I wanted to get into and actually doing ride

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00:10:13,000 --> 00:10:14,000

alongs.

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00:10:14,000 --> 00:10:15,000

I did police ride alongs.

## 144

00:10:15,000 --> 00:10:20,840

I did fire ride alongs, full 24 hours in the station, riding with the guys, going on calls.

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00:10:20,840 --> 00:10:23,200

And that gave me a good look about that.

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00:10:23,200 --> 00:10:25,200

This was the career that I wanted to do.

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00:10:25,200 --> 00:10:34,880

And when I was 20 years old, graduated high school, I was going in college at the time,

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00:10:34,880 --> 00:10:37,360

Rancho Santiago College, Santa Ana.

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00:10:37,360 --> 00:10:39,240

Did you go to Santa Ana for fire standards?

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00:10:39,240 --> 00:10:40,720

No, I actually went to Orlando.

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00:10:40,720 --> 00:10:44,120

I went to mid Florida Tech where we're going to be doing California.

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00:10:44,120 --> 00:10:46,360

Yeah, I didn't have to do standards.

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00:10:46,360 --> 00:10:48,320

They actually took my Florida cert.

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00:10:48,320 --> 00:10:49,320

So gotcha.

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00:10:49,320 --> 00:10:50,320

Okay.

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00:10:50,320 --> 00:10:54,120

But Northnet was where we do all the training at Anaheim, which is great.

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00:10:54,120 --> 00:10:55,120

So I was Central Net.

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00:10:55,120 --> 00:10:56,120

Yeah.

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00:10:56,120 --> 00:11:01,680

So I was at the Central Net Training Center and actually going through all the classes

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00:11:01,680 --> 00:11:02,840

out there.

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00:11:02,840 --> 00:11:07,280

And so we're talking, this is 2006 ish.

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00:11:07,280 --> 00:11:12,080

So yeah, hard to get a job in California at that point.

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00:11:12,080 --> 00:11:13,680

So I was putting applications everywhere.

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00:11:13,680 --> 00:11:19,980

I remember trying for Burbank Airport Fire Department and all kinds of different places.

00:11:19,980 --> 00:11:24,600

And we used to vacation to Orlando all the time.

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00:11:24,600 --> 00:11:26,120

Once a year we would come out here.

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00:11:26,120 --> 00:11:30,400

And my brother had actually just became a firefighter about two, three years ago before

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00:11:30,400 --> 00:11:31,400

that.

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00:11:31,400 --> 00:11:35,960

And he told me, hey, man, you're going to be on vacation coming up once you put an application

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00:11:35,960 --> 00:11:38,560

in for Orange County.

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00:11:38,560 --> 00:11:41,120

So I did and ended up getting picked up.

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00:11:41,120 --> 00:11:45,960

So ended up doing the non-surf program through there.

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00:11:45,960 --> 00:11:47,920

I was a California state EMT.

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00:11:47,920 --> 00:11:53,240

So I had to redo and do national and go through standards, the Florida way and everything.

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00:11:53,240 --> 00:11:55,800

And yeah, that's how I ended up out in Florida.

00:11:55,800 --> 00:11:59,680

And then my little brother followed a couple of years later.

177

00:11:59,680 --> 00:12:03,800

And actually my brother-in-law works for the fire department as well.

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00:12:03,800 --> 00:12:05,920

So it's a whole big happy family.

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00:12:05,920 --> 00:12:10,880

Well, there's a lot to unpack that I want to start with testing in California around

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00:12:10,880 --> 00:12:13,520

that time because I got picked up by Anaheim in 2005.

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00:12:13,520 --> 00:12:20,400

And I came from, so I went mid Florida tech, Orlando, syrup, hired by my, excuse me, hired

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00:12:20,400 --> 00:12:23,480

by Hialeah by Miami for almost a year.

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00:12:23,480 --> 00:12:26,040

And then I got picked up by Anaheim.

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00:12:26,040 --> 00:12:31,960

And when, as we sit here now in 2024, we have a massive hiring crisis.

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00:12:31,960 --> 00:12:36,920

I think it's really important to underline what recruitment looked like when you and

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00:12:36,920 --> 00:12:38,260

I were trying to get work.

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187
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00:12:38,260 --> 00:12:40,280

So talk to me about that.

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00:12:40,280 --> 00:12:42,720

How many people were going for how many spots?

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00:12:42,720 --> 00:12:46,360

What were the resumes of these young men and women that you were competing against?

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00:12:46,360 --> 00:12:47,640

Oh yeah.

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00:12:47,640 --> 00:12:52,120

So I remember, I think it was Orange, it might've been Orange County Fire Authority.

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00:12:52,120 --> 00:12:53,400

I can't remember which one.

193

00:12:53,400 --> 00:12:59,520

But I remember it was a, you had to pick up the application at Angel Stadium.

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00:12:59,520 --> 00:13:01,520

It would just like to get it.

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00:13:01,520 --> 00:13:06,040

And I, you know, it's been years now, but we're talking like, you know, in the tens

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00:13:06,040 --> 00:13:11,200

of thousands of people, you know, I'd probably say it was probably about 20,000 people or

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00:13:11,200 --> 00:13:13,920

something that had applied for these positions.

00:13:13,920 --> 00:13:21,360

And we're talking like a class of like 10 or 15 and just the massive people.

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00:13:21,360 --> 00:13:27,040

And it wasn't just, you know, people like right off of the street, like all the applications

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00:13:27,040 --> 00:13:33,200

and, you know, Hey, I had started when I was 15 as an explorer, I was an EMT, I was volunteering.

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00:13:33,200 --> 00:13:39,000

I worked at the training center, working as like basically a student intern, you know,

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00:13:39,000 --> 00:13:43,760

working with the firefighters, had all this experience and my application looked like

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00:13:43,760 --> 00:13:46,200

everybody else's.

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00:13:46,200 --> 00:13:51,480

And so it would just get lost in the whole heap of everybody else.

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00:13:51,480 --> 00:13:55,580

And you know, it was hard to stand out.

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00:13:55,580 --> 00:14:01,840

So I remember taking classes on interviews and resumes and all that in college on how

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00:14:01,840 --> 00:14:03,480

to get a job as a firefighter.

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00:14:03,480 --> 00:14:08,480

Like there was entire like multi-day classes just on the interview process, like the panel

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00:14:08,480 --> 00:14:13,040

interviews and everything just to try to get that edge.

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00:14:13,040 --> 00:14:20,140

And then that is, that doesn't seem to be the case now, as far as a lot more job openings

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00:14:20,140 --> 00:14:21,680 and applicants, it seems now.

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00:14:21,680 --> 00:14:23,760

Well, I don't want to load the question.

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00:14:23,760 --> 00:14:29,640

I would certainly impart my kind of perspective after, but you and I have experienced a very

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00:14:29,640 --> 00:14:31,120

similar thing.

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00:14:31,120 --> 00:14:36,640

I think what helped me was being English and traveling 2500 miles for each of the interview

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00:14:36,640 --> 00:14:37,640

processes.

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00:14:37,640 --> 00:14:40,680

I think that at least showed, okay, this guy is a little bit committed to this and then

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00:14:40,680 --> 00:14:41,680

you stood out.

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00:14:41,680 --> 00:14:42,680

That's what you need to do.

220

00:14:42,680 --> 00:14:44,840

You need to do these processes.

221

00:14:44,840 --> 00:14:46,000 What is your perspective?

222

00:14:46,000 --> 00:14:51,960

Why are we struggling so hard now to recruit young men and women for the fire service?

223

00:14:51,960 --> 00:14:56,680

Oh man, that's a big one.

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00:14:56,680 --> 00:15:04,920

I think it, you know, I just think it's maybe just a shift in the, in the culture a lot.

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00:15:04,920 --> 00:15:09,960

I don't think, you know, elementary school kids are, they're growing out of the, see

226

00:15:09,960 --> 00:15:11,880

the fire truck and I want to be a firefighter.

227

00:15:11,880 --> 00:15:21,680

They see other things and other ways to make a living that are not that, you know, social

228

00:15:21,680 --> 00:15:28,120

media, you know, everybody wants to be a YouTube star or social media star or whatever, you

229

00:15:28,120 --> 00:15:32,440

know, like, so they don't think, you know, that that's not maybe on the radar for a lot

230

00:15:32,440 --> 00:15:34,780

of people.

231

00:15:34,780 --> 00:15:41,080

And I think just the people we're hiring are different now, you know, it's we're, I, we're

232

00:15:41,080 --> 00:15:43,560

the people we're hiring now are younger, which I think is good.

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00:15:43,560 --> 00:15:47,800

I think we have to get them earlier in their careers, which is good.

234

00:15:47,800 --> 00:15:53,400

And they're not coming in with the experiences before, you know, I think when I was going

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00:15:53,400 --> 00:15:56,840

through as a lot of people coming out of the military and everything, and I don't think

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00:15:56,840 --> 00:15:59,040

that's as much as the case now.

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00:15:59,040 --> 00:16:03,520

So we're having to, I think, recruit younger people that are having less life experience

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00:16:03,520 --> 00:16:07,960

and we're, I think having to teach them life experience on the job.

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00:16:07,960 --> 00:16:13,680

But yeah, I just think it's a different world and, you know, they're growing out of, like

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00:16:13,680 --> 00:16:19,960

I said, that, you know, I want to be a firefighter and then maybe fall into it later on.

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00:16:19,960 --> 00:16:23,760

I think one of the things through my eyes, and again, obviously, it's kind of a unique

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00:16:23,760 --> 00:16:28,160

perspective now with all these conversations on the show and, you know, working for four

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00:16:28,160 --> 00:16:35,680

different agencies, which most, you know, firefighters don't, is when we first applied,

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00:16:35,680 --> 00:16:41,240

if you Google firefighter, it would be like you said, you know, just the kind of the hero

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00:16:41,240 --> 00:16:46,000

stuff and then, you know, golden nuggets on how to pass your firefighter interview and

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00:16:46,000 --> 00:16:47,000

things like that.

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00:16:47,000 --> 00:16:51,840

There was nothing on marriages, cancer, suicide, any of those things.

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00:16:51,840 --> 00:16:56,000

So I think what's happening as well, and correct me if I'm wrong, I mean, you work for department

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00:16:56,000 --> 00:17:02,140

56 hour work week, no Kelly day, is the reality of the fire service.

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00:17:02,140 --> 00:17:04,000

You know, we were blind earlier in my career.

251

00:17:04,000 --> 00:17:05,760

I never thought about seat deprivation.

00:17:05.760 --> 00:17:09.480

You know, the way we've always done it is was good enough for me until it wasn't anymore

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00:17:09,480 --> 00:17:13,720

until we started going to Carl's funeral, you know, young firefighters in their twenties

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00:17:13,720 --> 00:17:14,720

passing away.

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00:17:14,720 --> 00:17:18,480

And then all of a sudden there's this big right hand term and we've got the suicide

256

00:17:18,480 --> 00:17:20,840 starting to really be visible now.

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00:17:20,840 --> 00:17:27,320

And so now fast forward to a young recruit, you know, 2024 and they do the same internet

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00:17:27,320 --> 00:17:28,840

search that you and I did.

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00:17:28,840 --> 00:17:33,460

But now these dark things come up as well that the hero, the rescues, all the things

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00:17:33,460 --> 00:17:36,000

that we do it for also come up.

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00:17:36,000 --> 00:17:41,360

But you learn about the work we learn about mandatory overtime and understaffing and,

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00:17:41,360 --> 00:17:45,040

you know, you start seeing new stories of firefighters that did everything wrong, but

00:17:45.040 --> 00:17:49.000

their organization didn't back them up and they ended up being terminated, whatever it

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00:17:49,000 --> 00:17:50,000

was.

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00:17:50,000 --> 00:17:51,000

Those are there as well.

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00:17:51,000 --> 00:17:54,760

And so I think one part of the problem is that these young people, as you said, are

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00:17:54,760 --> 00:17:56,260

a lot more tech savvy.

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00:17:56,260 --> 00:17:57,740

They can do their own research.

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00:17:57,740 --> 00:18:00,480

Now they have the whole world at their fingertips.

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00:18:00,480 --> 00:18:07,560

And when they evaluate the fire service in 2024, unlike me in 2004, they get a very different

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00:18:07,560 --> 00:18:10,920

picture and they might have service burning in their heart, but they're going to go, you

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00:18:10,920 --> 00:18:12,580

know, I'm going to serve in a different way.

273

00:18:12,580 --> 00:18:14,560

This doesn't sound like the right fit for me.

00:18:14.560 --> 00:18:17.480

I think I don't know what your perspective of that is, but I think that's a big part.

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00:18:17,480 --> 00:18:23,480

We always focus on it's a new generation, but what have we done, the older fire service

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00:18:23,480 --> 00:18:27,640

to do a disservice to recruitment 20 years later?

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00:18:27,640 --> 00:18:32,040

Yeah, that's yeah, there is more information out there.

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00:18:32,040 --> 00:18:36,840

And I think a big part of it too is when we were starting out, we were definitely still

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00:18:36,840 --> 00:18:40,080

in the shadow of, you know, September 11th and everything.

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00:18:40,080 --> 00:18:45,720

That was a huge, I think that was a huge component to, you know, a big rush for that.

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00:18:45,720 --> 00:18:52,040

And then maybe that shadow is slowly, you know, you know, slowly passed over the years.

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00:18:52,040 --> 00:18:57,560

But yeah, there's you hear all the time, you know, people are on their phones all the time

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00:18:57,560 --> 00:19:01,600

they're going to hear the stories about, you know, the good, the bad and the ugly, you

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00:19:01,600 --> 00:19:04,320

know, when it comes to that.

00:19:04.320 --> 00:19:08.760

And you know, you know, people can pick their what they want to do now.

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00:19:08,760 --> 00:19:09,760

It's very open.

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00:19:09,760 --> 00:19:16,200

It's not, you know, it's, you know, they're not definitely not niched into one specific

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00:19:16,200 --> 00:19:17,200

thing now.

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00:19:17,200 --> 00:19:21,200

So, you know, the options are out there where sometimes people feel it's like, okay, you

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00:19:21,200 --> 00:19:25,840

know, you know, this is my only option to do this is a good steady job, you know, with

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00:19:25,840 --> 00:19:30,560 a good paycheck and all that.

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00:19:30,560 --> 00:19:33,080

But but yeah, I just think there's more information out there.

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00:19:33,080 --> 00:19:36,000

Like you said, that's definitely probably a contributing factor for sure.

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00:19:36,000 --> 00:19:38,200

Well, I think the solution is not doom and gloom.

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00:19:38,200 --> 00:19:40,640

The solution is to fix the things that are broken.

00:19:40.640 --> 00:19:44.280

You know, as I always say, we used to send children up chimneys and have them work in

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00:19:44,280 --> 00:19:47,360

factories until someone said, hey, the kids are all dying.

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00:19:47,360 --> 00:19:48,360 Maybe we should stop doing that.

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00:19:48,360 --> 00:19:49,720 Well, that's how the fire service is.

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00:19:49,720 --> 00:19:53,160

You know, when we fix it, then the problem will be solved.

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00:19:53,160 --> 00:19:57,840

The other side as well, going back to your Explorer program, especially when it comes

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00:19:57,840 --> 00:20:02,520

to the diversity conversation, you know, a lot of people, it's kind of just prior to

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00:20:02,520 --> 00:20:07,120

my hire, you heard a lot of I would have been hired if it wasn't for this initiative, whatever

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00:20:07,120 --> 00:20:09,560

it was, if they might be correct, they might be incorrect.

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00:20:09,560 --> 00:20:12,060

But that was very much the feeling.

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00:20:12,060 --> 00:20:16,440

What I've seen is a lot of times as a knee jerk, like, oh, we need to hire X amount of

00:20:16.440 --> 00:20:18.560

this group or that group.

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00:20:18,560 --> 00:20:22,740

And when you drag net like that, you're going to get some fantastic candidates and some

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00:20:22,740 --> 00:20:26,960

shitty candidates, you know, because you're now deviating from the standards that you

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00:20:26,960 --> 00:20:33,960

set before, where I think we do, you know, we do a disservice by ignoring areas where

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00:20:33,960 --> 00:20:39,500

young potential candidates simply can't access fire academies, training, et cetera, because

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00:20:39,500 --> 00:20:43,260

of finances, you know, family dynamics, whatever it is.

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00:20:43,260 --> 00:20:48,640

So the mentorship programs, one here in Ocala that they do three times a week, they meet

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00:20:48,640 --> 00:20:53,000

at a centrally located fire station, as long as a child can get to the station, they get

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00:20:53,000 --> 00:20:57,360

free training, they're given all the gear, the scholarships to fire schools, as departments

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00:20:57,360 --> 00:20:59,520

wait in the hire on the back end.

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00:20:59,520 --> 00:21:03,660

So I think that is also the answer to not only the recruitment problem, and it's a beautiful

00:21:03.660 --> 00:21:07.800

thing because it also helps kids realize if they don't want to be a police officer, a

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00:21:07,800 --> 00:21:09,800

firefighter, whatever it is, brilliant, check it off.

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00:21:09,800 --> 00:21:11,920

Now at least you've taken a step.

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00:21:11,920 --> 00:21:17,640

But talk to me about the importance of that exposure as a young boy yourself and your

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00:21:17,640 --> 00:21:21,240

perspective of mentorship in the modern day fire service.

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00:21:21,240 --> 00:21:22,240

Yeah.

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00:21:22,240 --> 00:21:28,080

And I think I was kind of alluding to that earlier about having to get people early when

325

00:21:28,080 --> 00:21:33,280

because and I think that's the new way to go for a lot of these departments is a lot

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00:21:33,280 --> 00:21:39,360

of this internal mentorship programs, you know, get them in high school, say, hey, you

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00:21:39,360 --> 00:21:43,100

know, keep it on the straight and narrow path, you know, don't, you know, don't do drugs,

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00:21:43,100 --> 00:21:48,240

don't get in trouble, all of that and, you know, say, hey, this is the process because

00:21:48.240 --> 00:21:56.160

I think the days of, you know, going on your own and doing fire standards on your own,

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00:21:56,160 --> 00:22:01,840

putting up that money and, you know, you know, most of us probably staying at home or, you

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00:22:01,840 --> 00:22:06,200

know, staying with our parents and then working a job on the wall during the fire academy.

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00:22:06,200 --> 00:22:13,480

I think, you know, those days might be behind where, you know, these intern programs and

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00:22:13,480 --> 00:22:16,360

the non-serve programs are definitely the way to go.

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00:22:16,360 --> 00:22:17,360

Yeah.

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00:22:17,360 --> 00:22:19,240

And it was just being in the firehouse.

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00:22:19,240 --> 00:22:23,480

I was, you know, going on ride alongs and being like, these are the kind of guys I want

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00:22:23,480 --> 00:22:27,920

to be around, you know, very hard working, you know, the firemen in Huntington Beach,

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00:22:27,920 --> 00:22:29,720

you know, you know, second to none.

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00:22:29,720 --> 00:22:31,920

They were a great group of guys.

00:22:31.920 --> 00:22:38.040

And you know, this 16 year old kid showing up and, you know, interrupting your day, you

341

00:22:38,040 --> 00:22:39,520 know, because it was all day.

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00:22:39,520 --> 00:22:44,880

And, you know, you know, the program at the time, you know, it was 20, it was a 24 hour

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00:22:44,880 --> 00:22:51,400

program and I remember showing up in the morning and my full uniform and everything and lining

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00:22:51,400 --> 00:22:53,440

up my gear in front of the fire engine.

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00:22:53,440 --> 00:22:57,000

And then the captain came out and did inspection and stuff.

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00:22:57,000 --> 00:23:03,400

And, you know, I just remember how cool that was and, you know, there wasn't any holding

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00:23:03,400 --> 00:23:04,400

any punches.

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00:23:04,400 --> 00:23:08,800

Like there wasn't, they weren't screening the calls that we were going to, you know.

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00:23:08,800 --> 00:23:14,280

So they said if there's a call and because the station I was at that I would go to, they

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00:23:14,280 --> 00:23:17,160

had an ambulance there, they had an engine there, they had a truck company there.

00:23:17,160 --> 00:23:23,120

And they said, if the call goes, grab your stuff and go whatever unit it was, you know,

352

00:23:23,120 --> 00:23:26,760

there was no like, you know, oh, it's, you know, we don't want them to see this or be

353

00:23:26,760 --> 00:23:31,080

worried about this, you know, it was, it was go and run the calls.

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00:23:31,080 --> 00:23:33,920

And I got a feel for it for sure.

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00:23:33,920 --> 00:23:37,960

And I think a big part of it too that you were talking about is we are a heck of a lot

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00:23:37,960 --> 00:23:41,080

busier than we were.

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00:23:41,080 --> 00:23:44,560

You know, the strain on the resources is definitely there.

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00:23:44,560 --> 00:23:50,840

I look at the numbers and the numbers are double what they were when I started and I

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00:23:50,840 --> 00:23:52,840

thought we were busy when I started.

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00:23:52,840 --> 00:23:55,480

You know, and that's just a strain on people.

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00:23:55,480 --> 00:24:01,920

And you know, there has to be some relief that way, whether it's, you know, you know,

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00:24:01,920 --> 00:24:07,280

changing work week, changing hours, more personnel, more units.

363

00:24:07,280 --> 00:24:09,320

And I'm starting to see that shift.

364

00:24:09,320 --> 00:24:11,160

I'm definitely starting to see that shift.

365

00:24:11,160 --> 00:24:15,800

I think the writing is on the wall.

366

00:24:15,800 --> 00:24:18,280

Everything we've everything's been stretched so thin.

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00:24:18,280 --> 00:24:20,760

And now we're starting to see some of the some of that.

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00:24:20,760 --> 00:24:22,920

And I think it's starting to come back.

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00:24:22,920 --> 00:24:24,720

So that is that is hopeful.

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00:24:24,720 --> 00:24:25,720

So absolutely.

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00:24:25,720 --> 00:24:26,720

Yeah.

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00:24:26,720 --> 00:24:32,680

I even heard rumblings of the 24 72 finally being considered, which I've talked about

00:24:32,680 --> 00:24:37,640

for years now as being the industry standard and giving these men and women the rest and

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00:24:37,640 --> 00:24:43,800

recovery because as we talked about when we were testing in California, not sounding arrogant

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00:24:43,800 --> 00:24:45,240

because I got picked up.

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00:24:45,240 --> 00:24:50,520

But ultimately, if you have that many candidates, you get to choose what you perceive are the

377

00:24:50,520 --> 00:24:51,520

best candidates.

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00:24:51,520 --> 00:24:55,040

Now, you know, you've got to make it through Academy and then probation to prove that you

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00:24:55,040 --> 00:24:57,080

are actually worthy of that.

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00:24:57,080 --> 00:25:01,040

But you know, you you really get to choose the best people.

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00:25:01,040 --> 00:25:06,360

What I'm seeing is that, yes, they're still kind of barely able to get people in the seats,

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00:25:06,360 --> 00:25:09,840

but no one is having the conversation of we are taking everyone.

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00:25:09,840 --> 00:25:12,400

And how is that detrimental at the firefighter level?

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384
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00:25:12,400 --> 00:25:14,520

And as they rise through the ranks?

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00:25:14,520 --> 00:25:15,520

Yeah.

386

00:25:15,520 --> 00:25:16,520

Yeah.

387

00:25:16,520 --> 00:25:20,880

We're like I was saying, you know, we're definitely getting younger people out there and we're

388

00:25:20,880 --> 00:25:25,000

having to teach them life skills, you know, you know, never mowed a lawn before, never

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00:25:25,000 --> 00:25:28,120

started a power tool.

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00:25:28,120 --> 00:25:29,120

A lot of that.

391

00:25:29,120 --> 00:25:31,080

You know, here's a broom.

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00:25:31,080 --> 00:25:32,520

What do I do with that?

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00:25:32,520 --> 00:25:35,380

OK, I'll show you.

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00:25:35,380 --> 00:25:37,680

So they definitely are coming in younger and stuff.

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395
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00:25:37,680 --> 00:25:45,040

And, you know, I wish every single candidate that came in was a former military person

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00:25:45,040 --> 00:25:50,640

or somebody that came in with, you know, it was some sort of background.

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00:25:50,640 --> 00:25:52,240

You know, it's like, hey, I was a roofer.

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00:25:52,240 --> 00:25:53,240

Oh, cool.

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00:25:53,240 --> 00:25:55,440

Let's you know, let's utilize that resource and everything.

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00:25:55,440 --> 00:25:59,520

But now that's just doesn't seem to be the case now.

401

00:25:59,520 --> 00:26:01,360

And then just these departments are getting bigger.

402

00:26:01,360 --> 00:26:07,440

Everything's a bigger, you know, the suburban areas are expanding, you know, more coverage,

403

00:26:07,440 --> 00:26:10,520

more people, more calls, you know.

404

00:26:10,520 --> 00:26:15,600

So they're just having to learn on the job and, you know, the guys that, you know, been

405

00:26:15,600 --> 00:26:17,920

around like me got to show them the ropes.

00:26:17,920 --> 00:26:20,960

You know, they're still coming.

407

00:26:20,960 --> 00:26:24,240

Now what about the difference between West Coast and East Coast?

408

00:26:24,240 --> 00:26:29,320

I went, like I said, mid Florida Tech, Orlando, which is beautiful because I'm going to be

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00:26:29,320 --> 00:26:34,280

there with you in a couple of weeks in a totally different capacity.

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00:26:34,280 --> 00:26:38,280

But you know, we were taught the Academy way of throwing a ladder, you know, lay it down,

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00:26:38,280 --> 00:26:41,360

you know, pick it up, suitcase, carry, lay it down front of the building, walk it, blah,

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00:26:41,360 --> 00:26:42,360

blah, blah.

413

00:26:42,360 --> 00:26:46,520

And then I get hired in Ganneheim, California with an aggressive truck company.

414

00:26:46,520 --> 00:26:49,040

And all of a sudden, you're like, you don't know how to shoulder a ladder.

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00:26:49.040 --> 00:26:51,800

You don't know how to throw, you know, a 16 foot roof.

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00:26:51,800 --> 00:26:55,120

And I mean, all these different things are like, oh, shit, my, my learning curve needs

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417
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00:26:55,120 --> 00:26:59,240

to be like a vertical line if I'm going to keep up.

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00:26:59,240 --> 00:27:02,880

And then you, I went back to the East Coast, got hired with count with Orange County, same

419

00:27:02.880 --> 00:27:05,240

as your department now.

420

00:27:05,240 --> 00:27:10,480

And I remember, I won't name names, but I remember when the first places I was at, there

421

00:27:10,480 --> 00:27:14,160

was a truck company there, beating their chest about how bad ass they were.

422

00:27:14,160 --> 00:27:20,440

And I remember seeing them on scene going, oh fuck, it's totally different here because

423

00:27:20,440 --> 00:27:23,880

a professional West Coast truck company is cutting roofs all the time.

424

00:27:23,880 --> 00:27:26,280

You know, it's a, it's a very unique vehicle.

425

00:27:26,280 --> 00:27:28,960

We did all the extrications.

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00:27:28,960 --> 00:27:33,000

And you know, on the East Coast, when you hear people, I'm talking about Southeast,

427

00:27:33,000 --> 00:27:35,080

it's so dangerous to put someone on the roof.

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428
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00:27:35,080 --> 00:27:38,720

We don't do vertical ventilation and that creates a very different mindset.

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00:27:38,720 --> 00:27:42,760

So did you have any kind of experiences of that when you came from originally West Coast

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00:27:42,760 --> 00:27:44,240

train to the East Coast?

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00:27:44,240 --> 00:27:45,480

Yeah, for sure.

432

00:27:45,480 --> 00:27:49,160

The, you know, the biggest one like you touched on is the roof operations.

433

00:27:49,160 --> 00:27:54,000

You know, that's, you know, you could definitely say there's the two extremes, you know, there's

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00:27:54,000 --> 00:27:57,760

probably does every single, you know, you can have the debate, does every single fire

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00:27:57,760 --> 00:28:00,120

need you on the roof to cut a hole?

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00:28:00,120 --> 00:28:04,120

My experience, not every single one needs to have it, but I think it's, it's a good

437

00:28:04,120 --> 00:28:06,240

tactic to have.

438

00:28:06,240 --> 00:28:12,080

And I remember just when I was, you know, training in California, the rep, the reps

00:28:12,080 --> 00:28:17,720

of Rupa Rupa operations, you actually cutting on roofs, sounding roofs, that entire tactic,

440

00:28:17,720 --> 00:28:22,440

like just like hammering down on it.

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00:28:22,440 --> 00:28:26,200

Like they, if you're a truck company, like that's what you did like all the time.

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00:28:26,200 --> 00:28:32,520

And you know, utilizing and getting comfortable with the saw and everything.

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00:28:32,520 --> 00:28:37,120

And then it just, it seemed very much like at least the Southern California area and

444

00:28:37,120 --> 00:28:40,280

Anaheim's definitely included in that.

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00:28:40,280 --> 00:28:45,520

All the departments seemed very universal.

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00:28:45,520 --> 00:28:48,720

Where like they all were in the same uniforms and a lot of the, they were a lot of doing

447

00:28:48,720 --> 00:28:49,720

the same thing.

448

00:28:49,720 --> 00:28:54,000

So I think if you moved from one part, let's say Hanyu's Beach to Miami or I mean to Anaheim,

449

00:28:54,000 --> 00:28:59,200

I think it wouldn't be too much of a culture shock where maybe in the Florida area, the

00:28:59,200 --> 00:29:03,880

difference between one department and another are vastly different equipment wise, everything

451

00:29:03,880 --> 00:29:04,880

else.

452

00:29:04,880 --> 00:29:10,680

You know, so, and then like, you know, you go into California, like, you know, wooden

453

00:29:10,680 --> 00:29:12,840

ladders are still the thing.

454

00:29:12.840 --> 00:29:17,320

You know, you, you know, you, you talk about throwing ladders and then you throw a, you

455

00:29:17,320 --> 00:29:21,040

know, a wooden ladder at somebody from Florida and they would be like, what the heck are

456

00:29:21,040 --> 00:29:22,040

you talking about?

457

00:29:22,040 --> 00:29:25,520

This thing is massive and heavy and, and everything else.

458

00:29:25,520 --> 00:29:35,000

But yeah, it's different, you know, you know, but one thing I would say is just that all

459

00:29:35,000 --> 00:29:39,880

being said, like the opportunities I've had when coming over here and the types of calls

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00:29:39,880 --> 00:29:45,680

I've ran and what I've done out here in comparison, if I would have stayed out there are vastly

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461
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00:29:45,680 --> 00:29:46,680

different.

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00:29:46,680 --> 00:29:55,120

I don't think I would have the experience I have having stayed out there as here.

463

00:29:55,120 --> 00:30:00,560

And, you know, one can say that, you know, that's good and bad, you know, should I've

464

00:30:00,560 --> 00:30:06,080

been, should I've run all these calls that I have, but, you know, it's definitely the

465

00:30:06,080 --> 00:30:10,000

opportunities are here and sometimes, you know, look back on your career and you're

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00:30:10,000 --> 00:30:13,680

like, wow, it's, it's been a lot.

467

00:30:13,680 --> 00:30:19,880

Well, again, there's that kind of fake machismo when it comes to the fire service, like, you

468

00:30:19,880 --> 00:30:23,200

know, I'm not doing EMS, I'm a real firefighter.

469

00:30:23,200 --> 00:30:27,080

And what I learned when I came out East and, you know, started writing the box, I mean,

470

00:30:27,080 --> 00:30:29,440

she did in Hialeah originally too.

471

00:30:29,440 --> 00:30:30,440

That's where you save the lives.

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472
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00:30:30,440 --> 00:30:34,040

You know, if you drag someone out of a fire and they just leave them on the front lawn

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00:30:34,040 --> 00:30:37,680

and you have no skills to do anything else, then you just did a body recovery.

474

00:30:37,680 --> 00:30:38,680

That was it.

475

00:30:38,680 --> 00:30:43,920

So the volume of trauma and the volume of patients that you run on as an EMT and paramedic

476

00:30:43,920 --> 00:30:48,920

in our area, I mean, again, that learning curve is incredibly steep.

477

00:30:48,920 --> 00:30:54,120

And I think that that kind of anti-EMS, you know, sentiment is so bad, especially as,

478

00:30:54,120 --> 00:30:58,080

you know, the last 30, 40 years we've been doing EMS in the fire service.

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00:30:58,080 --> 00:31:02,800

So it's, you know, everyone that's mouthing off now is, was groomed in a generation where

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00:31:02,800 --> 00:31:07,800

this was always a norm, but remove that, you know, that's where ultimately most lives are

481

00:31:07.800 --> 00:31:10,000

saved is in the back of a rescue or an ambulance.

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00:31:10,000 --> 00:31:12,440

I mean, it's just, it's fact.

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483
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00:31:12,440 --> 00:31:15,080

For sure.

## 484

00:31:15,080 --> 00:31:16,080 So then walk me through.

485

00:31:16,080 --> 00:31:17,680 So you enter Orange County.

486

00:31:17,680 --> 00:31:21,320

What was your orientation like, and then where did you find yourself station wise?

487

00:31:21,320 --> 00:31:22,640

Ah, gee.

488

00:31:22,640 --> 00:31:23,640

Okay.

489

00:31:23,640 --> 00:31:24,640

Orientation.

490

00:31:24,640 --> 00:31:25,640

Yeah.

491

00:31:25,640 --> 00:31:27,240

Went, started non-cert program.

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00:31:27,240 --> 00:31:32,920

So they did a internal EMT and I think it was one of the first times they had done that,

493

00:31:32,920 --> 00:31:35,800

like an internal EMT process.

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494
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00:31:35,800 --> 00:31:38,400

And so that was rushed.

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00:31:38,400 --> 00:31:42,840

Good for me because it was fine for me because I had done it before.

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00:31:42,840 --> 00:31:45,640

But I know some people probably struggled if you're coming off the streets and didn't

497

00:31:45,640 --> 00:31:48,000

have that experience.

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00:31:48,000 --> 00:31:50,200

And that led straight into standards.

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00:31:50,200 --> 00:31:52,800

I think standards pretty much the same.

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00:31:52,800 --> 00:31:57,040

I think they changed the big three into the big two.

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00:31:57,040 --> 00:32:03,040

But it was at, at the time this mid Florida tech central, the central Florida fire Academy

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00:32:03,040 --> 00:32:04,040

now Valencia.

503

00:32:04,040 --> 00:32:07,040

But at the time it was the consortium.

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00:32:07,040 --> 00:32:09,240

Yeah.

00:32:09,240 --> 00:32:10,400

Standards wasn't too bad.

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00:32:10,400 --> 00:32:15,440

It was, it seemed like it was more preparation for the test that, that big three tests that

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00:32:15,440 --> 00:32:17,720

that's what it seemed to be mostly.

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00:32:17,720 --> 00:32:23,000

So and the talk was for the most part, they're like, Hey, we're teaching you every the state

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00:32:23,000 --> 00:32:24,000

way.

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00:32:24,000 --> 00:32:26,840

You're going to go to your department and you're going to learn the department way.

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00:32:26,840 --> 00:32:31,560

And you know, that seems to be the norm because there is such a vast difference in, you know,

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00:32:31,560 --> 00:32:33,680

equipment and units and everything else.

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00:32:33,680 --> 00:32:35,680

So I did that.

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00:32:35,680 --> 00:32:38,240

I made a pretty big class.

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00:32:38,240 --> 00:32:41,760

I think we had like 30 people in the class.

00:32:41,760 --> 00:32:43,840

Met some good friends, still friends today.

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00:32:43,840 --> 00:32:45,960

With guys I went with through that.

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00:32:45,960 --> 00:32:46,960

And then went through orientation.

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00:32:46,960 --> 00:32:55,400

I want to say orientation was about six, six weeks, maybe ish six or eight weeks.

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00:32:55,400 --> 00:33:02,600

And then got to, you know, know the, the systems and units that we had and did it.

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00:33:02,600 --> 00:33:07,080

One unique part about our orientation that we were really lucky with is there was the

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00:33:07,080 --> 00:33:13,600

Mercado shopping district area that was on international drive that was being torn down.

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00:33:13,600 --> 00:33:21,760

And we had like a week there and we got to train there as they were tearing this entire

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00:33:21,760 --> 00:33:23,540

shopping district down.

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00:33:23,540 --> 00:33:31,560

So we actually got to go force like real doors, you know, in real environments, you know,

526

00:33:31,560 --> 00:33:37,160

do wall breaching and do, you know, searching scenarios and, you know, writ scenarios in

00:33:37,160 --> 00:33:42,760

real buildings, you know, not, you know, the traditional fire academy rooms and everything.

528

00:33:42,760 --> 00:33:45,560

So I think that was a big part of that.

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00:33:45,560 --> 00:33:51,040

And, you know, just forcing a, you know, a metal, a real metal door on a business and

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00:33:51,040 --> 00:33:55,760

back, you know, with the drop bars and everything else, like the hardest types of doors you

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00:33:55,760 --> 00:34:01,120

could force as a truck company and getting to practice on those was pretty awesome.

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00:34:01,120 --> 00:34:12,560

And then after orientation got assigned straight off to a good old engine 51 busiest engine

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00:34:12,560 --> 00:34:13,560

in the county.

534

00:34:13,560 --> 00:34:14,560

Absolutely.

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00:34:14,560 --> 00:34:21,440

It's funny when I came on in 2008 with you guys, the training had devolved and we had,

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00:34:21,440 --> 00:34:23,320

I think it was only four weeks.

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00:34:23,320 --> 00:34:28,520

And this is no disrespect to the instructors because their frustration was evident.

00:34:28,520 --> 00:34:35,360

But I remember the only hose evolution we did as far as, you know, fire attack was taking

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00:34:35,360 --> 00:34:37,740

a cross lay.

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00:34:37,740 --> 00:34:42,720

And if you remember by the, the, the training area where they have the three, four, three,

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00:34:42,720 --> 00:34:44,380

there's a little loading dock.

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00:34:44,380 --> 00:34:49,960

There was a shed, a wooden garden shed, and they put a lattice like you would, you know,

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00:34:49,960 --> 00:34:56,240

string tomatoes to, and you had to punch the lattice and then advance the line into the

544

00:34:56,240 --> 00:34:59,120

shed, but you weren't allowed to flow water.

545

00:34:59,120 --> 00:35:01,960

That was my, you know, fire attack training.

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00:35:01,960 --> 00:35:06,960

So I know since then it's got amazing again, but it's incredible how, you know, and luckily

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00:35:06,960 --> 00:35:09,660

I came from, you know, working several years already as a firefighter.

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00:35:09,660 --> 00:35:14,100

So as you said, it wasn't a big deal, but if someone came on that, that's their first

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00:35:14,100 --> 00:35:18,440

introduction to it, you know, the, that at that point, the bar was set very low in that

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00:35:18,440 --> 00:35:19,440

class at least.

551

00:35:19,440 --> 00:35:20,440

Yeah.

552

00:35:20,440 --> 00:35:21,440

Yeah.

553

00:35:21,440 --> 00:35:24,200

Jamal and his team are, are doing great things over there and, you know, a bunch of respect

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00:35:24,200 --> 00:35:27,200

to them because, you know, they're very busy over there.

555

00:35:27,200 --> 00:35:28,200

Yeah.

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00:35:28,200 --> 00:35:32,560

But he's got a good program that he's doing over there for sure.

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00:35:32,560 --> 00:35:33,560

Absolutely.

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00:35:33,560 --> 00:35:38,360

Well, then walk me through your engine 51, you know, in the meat grinder, walk me through

559

00:35:38,360 --> 00:35:41,520

your journey into special operations and rote rescue.

00:35:41,520 --> 00:35:42,560

Yeah.

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00:35:42,560 --> 00:35:47,800

So yeah, engine 51 busiest engine in the county for sure.

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00:35:47,800 --> 00:35:54,120

Always in the top 10 for the country for engine companies, you know, and there's policy.

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00:35:54,120 --> 00:35:57,840

Politics and that like only each department's allowed to submit one, but you know, it's

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00:35:57,840 --> 00:36:01,120

still, it's pretty busy.

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00:36:01,120 --> 00:36:05,160

So yeah, did, did the engine company for a while.

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00:36:05,160 --> 00:36:14,440

And then there was a sort of a mandate coming down that if you had a special operations

567

00:36:14,440 --> 00:36:19,500

unit at your station, you needed to be qualified to write it, even if you weren't assigned

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00:36:19,500 --> 00:36:22,000

to it at the time.

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00:36:22,000 --> 00:36:27,140

And so we had a truck at station 51.

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00:36:27,140 --> 00:36:31,200

So I'm like, okay, I guess I got to go be truck qualified.

00:36:31,200 --> 00:36:37,400

So I went out to the central, it was still the central floor of fire academy at the time

572

00:36:37,400 --> 00:36:43,400

and got my Robo ops and rope tech classes.

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00:36:43,400 --> 00:36:48,920

And I had had some experience with rope back when I was in my Explorer days, but it was

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00:36:48,920 --> 00:36:50,520

a little bit different.

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00:36:50,520 --> 00:36:53,900

It was more, I was taught by a bunch of cops how to repel.

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00:36:53,900 --> 00:36:58,280

So I knew my knots and I knew a little bit of my systems and stuff, but it wasn't, it

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00:36:58,280 --> 00:37:02,840

was more repelling based and not rescue based.

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00:37:02,840 --> 00:37:08,880

So then went over and so it wasn't completely foreign doing the ropes at the fire academy.

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00:37:08,880 --> 00:37:13,840

And I had some, some good people over there, some good mentors that taught me rope at the

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00:37:13,840 --> 00:37:16,920

academy over there.

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00:37:16,920 --> 00:37:25,200

And then once you had that, then you had to do like an internal, internal academy within

00:37:25,200 --> 00:37:30,160

the department to learn the trucks themselves, you know, driving, pumping and all that.

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00:37:30,160 --> 00:37:33,440

And that was only a couple of days at the time.

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00:37:33,440 --> 00:37:38,520

You know, it was like a day of driving a day of pumping, you know, and all that.

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00:37:38,520 --> 00:37:41,160

And then came out truck qualified.

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00:37:41,160 --> 00:37:46,760

So then started a writing truck companies.

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00:37:46,760 --> 00:37:53,680

So they, I was sent down, sent down to 55 and room 55 a lot, cause that was one of our

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00:37:53,680 --> 00:37:59,640

quints and they had a, at the time, all of our, most of our units were three men and

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00:37:59,640 --> 00:38:02,280

55 was one of the only four van units.

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00:38:02,280 --> 00:38:04,620

So they always needed an extra guy down there.

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00:38:04.620 --> 00:38:08,640

So for the first about year and a half, I was truck qualified.

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00:38:08,640 --> 00:38:14,400

I spent a lot of time down over there sending me over to 55.

00:38:14,400 --> 00:38:21,080

And then came back, started riding the engine again.

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00:38:21,080 --> 00:38:30,040

Once all the engines went for man again, you know, living good life over at 51 and think

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00:38:30.040 --> 00:38:36.040

it's probably been about, probably about seven years.

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00:38:36,040 --> 00:38:39,440

An opening came up on truck 51 on the C shift.

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00:38:39,440 --> 00:38:41,920

I was on B shift at the time.

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00:38:41,920 --> 00:38:46,080

And kind of by chance I got it, I didn't intentionally put in for it.

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00:38:46,080 --> 00:38:52,880

I just, each transfer cycle, I would just put in for the truck, A, B and C and the guy

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00:38:52,880 --> 00:38:57,720

who was on the truck at the time, the senior guy was transferring out and then my name

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00:38:57,720 --> 00:38:59,720

was on the top.

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00:38:59,720 --> 00:39:04,520

So then I just moved from one side of the Bay to the other and then been there ever

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00:39:04,520 --> 00:39:09,700

since on the truck company.

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00:39:09,700 --> 00:39:14,800

And then so rode the truck a bunch on the C shift and still doing that now.

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00:39:14,800 --> 00:39:22,960

And then probably 2017, 2017, I just had an inkling.

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00:39:22,960 --> 00:39:25,760

I wanted to do more.

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00:39:25,760 --> 00:39:27,560

I was always the type of person on calls.

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00:39:27,560 --> 00:39:32,080

If there was like a special operations call, if there was like, Hey, you're not allowed

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00:39:32,080 --> 00:39:37,680

to go into that trench because you're not a trench rescue person or you're not a confined

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00:39:37,680 --> 00:39:39,120

space person.

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00:39:39,120 --> 00:39:40,880

I didn't like to hear that.

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00:39:40,880 --> 00:39:45,520

So I was like, well, let me go start taking the rest of these classes.

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00:39:45,520 --> 00:39:50,800

So then I went out and just started taking all my USAR classes, trench confined space,

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00:39:50,800 --> 00:39:53,080

VMR, VMR where we reconnected.

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00:39:53,080 --> 00:39:58,200

I remember that over at the state academy.

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00:39:58,200 --> 00:39:59,600

That was cool seeing you there.

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00:39:59,600 --> 00:40:00,600

It had been a while.

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00:40:00,600 --> 00:40:01,600

They had indeed.

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00:40:01,600 --> 00:40:04,120

That was the great, the great teachers there too.

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00:40:04,120 --> 00:40:05,120

Yeah.

621

00:40:05,120 --> 00:40:06,120

Great group of guys are there.

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00:40:06,120 --> 00:40:10,200

So my, my, yeah, my VMR and then my structural collapse out there as well.

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00:40:10,200 --> 00:40:13,840

I had a very diverse group of certs from all different places.

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00:40:13,840 --> 00:40:20,440

And I think that did me well, um, uh, getting different perspectives of places.

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00:40:20,440 --> 00:40:28,920

And uh, once I had all my classes, then, uh, I went through, uh, our internal squad, uh,

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00:40:28,920 --> 00:40:33,520

academy, which is definitely, um, definitely challenging.

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00:40:33,520 --> 00:40:38,720

You have to take a test to start out, to even be accepted into the academy.

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00:40:38,720 --> 00:40:42,360

So you spend all this time taking the classes and then you had to take a written test and

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00:40:42,360 --> 00:40:43,440

you had to be in the top.

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00:40:43,440 --> 00:40:49,600

I think they took eight of us, top eight guys to move to the practical portion.

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00:40:49,600 --> 00:40:55,440

And the practical portion was six weeks, six weeks, Monday through Friday, working on all

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00:40:55,440 --> 00:40:56,440

the disciplines.

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00:40:56,440 --> 00:41:00,640

Say, you know, the, and the same kind of thing you learned in the academy a certain way.

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00:41:00,640 --> 00:41:03,680

We're teaching you the, our department's way.

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00:41:03,680 --> 00:41:08,880

Um, and so a lot of, a lot of, a lot of training on that, you know, I think two weeks of that

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00:41:08,880 --> 00:41:10,960

six weeks was just in hazmat.

00:41:10,960 --> 00:41:13,480 So just to get into perspective.

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00:41:13,480 --> 00:41:17,380

Um, and then you had to do a test out process.

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00:41:17,380 --> 00:41:21,040

So you had to take the written test again, but it was different questions and you had

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00:41:21,040 --> 00:41:23,760

to do better.

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00:41:23,760 --> 00:41:30,320

And then there was, I think it was like probably like 18 practical skills that you had to do.

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00:41:30,320 --> 00:41:35,840

Um, like everything from in the entire process was like a proctor, like reading you a question,

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00:41:35,840 --> 00:41:36,840

like a scenario.

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00:41:36,840 --> 00:41:40,880

So there'd be a car on its side and they'd be like, you know, candidate, you have 10

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00:41:40,880 --> 00:41:46,680

minutes to use the equipment in front of you to properly stretch this vehicle and then

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00:41:46,680 --> 00:41:47,680

go.

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00:41:47,680 --> 00:41:49,560

And then you'd have to go and do it.

00:41:49,560 --> 00:41:53,440

And if you didn't have your, if you forgot your safety glasses or something, that would

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00:41:53,440 --> 00:41:57,520

be an automatic fail or you weren't wearing your gloves or something like that.

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00:41:57,520 --> 00:42:03,300

And so I think there was about 18 of those practical skills and they crossed all the

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00:42:03,300 --> 00:42:05,920

disciplines and then you were qualified at that point.

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00:42:05,920 --> 00:42:11,000

So then I started writing squads and, uh, and doing all that.

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00:42:11,000 --> 00:42:17,320

So, so yeah, that's where I'm at doing a special operations for sure.

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00:42:17,320 --> 00:42:19,040

Which squad are you assigned to now then?

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00:42:19,040 --> 00:42:22,640

No, still on the truck, still on my truck.

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00:42:22,640 --> 00:42:24,820

But then I get floated there.

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00:42:24,820 --> 00:42:29,080

Depends on the time of year, if it's a time of year, there's a lot of vacation.

658

00:42:29,080 --> 00:42:31,240

They'll pop me over to them.

00:42:31,240 --> 00:42:36,040

So I'll go to, I go to all of them, all three of them.

660

00:42:36,040 --> 00:42:39,080

Who was behind the high level of standards?

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00:42:39,080 --> 00:42:41,840

That sounds like an intense testing process.

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00:42:41,840 --> 00:42:46,600

And I remember, uh, Haskett and some of the names that seem to be kind of, you know, the

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00:42:46,600 --> 00:42:51,820

movers and the shakers and that, who, do you know who was responsible for maybe arguably

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00:42:51,820 --> 00:42:57,080

sometimes standards being lower in other areas, holding it very high in that discipline?

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00:42:57,080 --> 00:43:00,720

Um, I think it's evolved over the, over the time period.

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00:43:00,720 --> 00:43:08,280

Um, I will say my experience in the, being a part of all the programs, um, and then we'll

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00:43:08,280 --> 00:43:09,760

probably talk about those in a minute.

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00:43:09,760 --> 00:43:17,520

All the programs I'm in, in special operations, what it takes is a very dedicated group of

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00:43:17,520 --> 00:43:22,600

lower ranking individuals, firefighters, engineers, lieutenants that are very passionate and willing

00:43:22,600 --> 00:43:29,680

to do the work and then presenting that to the management and being like, Hey, this is

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00:43:29,680 --> 00:43:31,160

what we want to do.

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00:43:31,160 --> 00:43:35,120

And then giving them the free rein to do that.

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00:43:35,120 --> 00:43:40,400

And that's where things like, um, the squad, the squad Academy, the current versions of

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00:43:40,400 --> 00:43:45,880

the truck Academy, uh, the dive Academy, and then the rescue climbers, which is one I'm

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00:43:45,880 --> 00:43:49,440

heavily involved in, uh, where that happens.

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00:43:49,440 --> 00:43:56,200

So I think it happens at that lower level and then manage management listens to those

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00:43:56,200 --> 00:43:57,200

individuals.

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00:43:57,200 --> 00:44:02,000

Um, because we, there's been a lot of rotations of people in, you know, whoever's in charge

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00:44:02.000 --> 00:44:05,840

of things always changes, but there seems to be that core group of people that stick

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00:44:05,840 --> 00:44:12,880

around, um, that are the movers and shakers and try to be like, Hey, you know, let's try

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681
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00:44:12,880 --> 00:44:16,120

to be the best at this job.

682

00:44:16,120 --> 00:44:20,920

Um, you know, so there's always seems to be like, yeah, like a lieutenant level person

683

00:44:20,920 --> 00:44:26,160

who is very passionate about something and kind of pushes those programs to, to be as

684

00:44:26,160 --> 00:44:28,240

good as they are.

685

00:44:28,240 --> 00:44:33,440

I was only at the County five years, but the really significant change that I witnessed,

686

00:44:33,440 --> 00:44:38,340

um, and I know this is a program that prior to me ever getting there, there were already

687

00:44:38,340 --> 00:44:41,560

people really trying to push this and it was just kind of dead in the war.

688

00:44:41,560 --> 00:44:45,600

Uh, when I went there, I got signed 73, which almost killed me.

689

00:44:45,600 --> 00:44:47,240

It was so damn quiet at the time.

690

00:44:47,240 --> 00:44:50,480

Cause they, uh, they were only the engine.

691

00:44:50,480 --> 00:44:51,480

There wasn't a rescue.

00:44:51,480 --> 00:44:56,760

So 70 was doing all the heavy lifting, um, ended up at 70, which I loved and I spent

693

00:44:56,760 --> 00:44:58,240

my whole career there.

694

00:44:58,240 --> 00:45:03,920

Um, it was, but we had a boat, you know, we had the lake next to us and I came from, you

695

00:45:03,920 --> 00:45:08,440

know, uh, a pretty significant lifeguarding background, open water, all that stuff.

696

00:45:08,440 --> 00:45:13,480

Um, when we started seeing what we were responsible for and the crew that I was with trained,

697

00:45:13,480 --> 00:45:17,080

like John would take us down all the time and we'd, you know, practice back in the

698

00:45:17,080 --> 00:45:21,800

boat in and, you know, doing, um, evolutions and then Wayne Dormany and his brother would

699

00:45:21,800 --> 00:45:26,840

come and they actually brought actual lifeguarding mannequins and we did, you know, backboarding.

700

00:45:26,840 --> 00:45:31,280

It was amazing, but you remove that crew out of the equation for a second, talk about standards.

701

00:45:31,280 --> 00:45:33,500

There was no certification.

702

00:45:33,500 --> 00:45:37,800

Anyone could be floated in this, maybe couldn't even swim no matter, drive a boat or, you

703

00:45:37,800 --> 00:45:39,720

know, rescue someone from a lake.

704

00:45:39,720 --> 00:45:43,880

Um, and then even the backboards, they had the backboards that we use in dry land.

705

00:45:43,880 --> 00:45:46,080

Well, that doesn't work in the water, you know?

706

00:45:46,080 --> 00:45:48,840

So I remember thinking, how is there such a disconnect?

707

00:45:48,840 --> 00:45:53,080

You know, we have, um, brush truck certifications, but not boats.

708

00:45:53,080 --> 00:45:55,960

Um, and then chief droves got hired.

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00:45:55,960 --> 00:45:59,840

And I remember at 50 actually talking to him about this, you know, and one of, like I said,

710

00:45:59,840 --> 00:46:04,120

I'm one of many voices, they were pioneers prior to me already trying to put this in

711

00:46:04,120 --> 00:46:08,640

place, but that was what was beautiful is that he came in and he listened.

712

00:46:08,640 --> 00:46:13,500

And then the rescue diver program started building up, you know, and you had the surface

713

00:46:13,500 --> 00:46:15,080

water and then you had the divers.

714

00:46:15,080 --> 00:46:20,360

And now, I mean, I was talking to Wayne just about three days ago and he was saying, you

715

00:46:20,360 --> 00:46:23,960

guys have like one or two rescues a month in the county now, right?

716

00:46:23,960 --> 00:46:27,800

Whether they're successful or not, but you have that many cars with occupants in the

717

00:46:27,800 --> 00:46:28,800

water these days.

718

00:46:28,800 --> 00:46:30,920

So I applaud, I applaud that.

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00:46:30,920 --> 00:46:35,640

Because I mean, again, there was a lot of people that were told no in that journey,

720

00:46:35,640 --> 00:46:40,480

but getting a good leader in accompanied by all these people on the, as you said, the

721

00:46:40,480 --> 00:46:44,360

lower levels pushing for this, how many lives has that saved now?

722

00:46:44,360 --> 00:46:46,960

Oh yeah, that's, that's for sure.

723

00:46:46,960 --> 00:46:50,200

Um, yeah, Wayne is, Wayne was definitely one of the originals.

724

00:46:50,200 --> 00:46:57,960

Um, and then, uh, rock Rocky, Rocky and his father were the two rocks and, um, and, uh,

725

00:46:57,960 --> 00:47:03,960

Tyson and then my brother who's in charge of it now, um, they, yeah, they took a lot

726

00:47:03,960 --> 00:47:07,520

of what other people were already pushing and started, yeah, with that surface water

727

00:47:07,520 --> 00:47:11,960

program, the, and then the, the, uh, rescue swimmer program.

728

00:47:11,960 --> 00:47:15,880

And that was just kind of little steps, little steps that, you know, has now led into the

729

00:47:15,880 --> 00:47:17,520

dive, the dive program.

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00:47:17,520 --> 00:47:23,360

And now one of the biggest dive programs in the state and also the country, you know,

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00:47:23,360 --> 00:47:27,920

um, and yeah, there are, there's, I know there's a hundred percent, at least, of people

732

00:47:27,920 --> 00:47:28,920

who are still alive.

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00:47:28,920 --> 00:47:32,680

But, um, I think, um, I think, yeah, I think that's, I think that's a good way to put it,

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00:47:32,680 --> 00:47:37,360

but I think that's the biggest, I think, the biggest thing is that, you know, the, the

735

00:47:37,360 --> 00:47:45,320

first one person alive because of that, the dive program, um, yeah, we should probably

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00:47:45,320 --> 00:47:49,480

get a captain on, you should get captain on here and have them tell that story of the,

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00:47:49,480 --> 00:47:51,440

the kid on St. Patrick's day.

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00:47:51,440 --> 00:47:56,720

But I know that kid that went into that retention pond and St. Patrick's day right after it

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00:47:56,720 --> 00:48:00,960

arrived, who was a diver, he didn't have his dive equipment on, but he knew what to do.

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00:48:00,960 --> 00:48:04,760

Jumped into the water early, marked the car for the diver.

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00:48:04,760 --> 00:48:08,240

When the diver arrived, all he had to do was swim down to the marker and pull that kid

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00:48:08,240 --> 00:48:09,240

out.

743

00:48:09,240 --> 00:48:14,680

And, you know, the fact that that, you know, you have a successful drowning like that is,

744

00:48:14,680 --> 00:48:15,680

is amazing.

745

00:48:15,680 --> 00:48:19,720

And I know for sure that that kid is alive because of that program, you know, having

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00:48:19,720 --> 00:48:25,240

had my own experiences with water calls and stuff there, the clock is for sure ticking

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00:48:25,240 --> 00:48:30,240

unless you're down the street and on the road, you know, the time is against you for sure

748

00:48:30,240 --> 00:48:32,080

when it comes to that.

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00:48:32,080 --> 00:48:33,080

But yeah.

750

00:48:33,080 --> 00:48:37,560

Well, speaking of that, when I Googled you, I mean, obviously, you know, we know each

751

00:48:37,560 --> 00:48:40,080

other, but I always want to kind of dive in a little bit.

752

00:48:40,080 --> 00:48:45,440

An EMT award popped up on the search and grab me if I'm wrong, that was a water rescue.

753

00:48:45,440 --> 00:48:47,440

So tell me about that call.

754

00:48:47,440 --> 00:48:48,720

That was a water rescue.

755

00:48:48,720 --> 00:49:00,240

That was just prior, a few years prior to the dive academy, the dive program reinstated.

756

00:49:00,240 --> 00:49:07,640

Let's see, that was early morning, right, right before shift change, that a car with

757

00:49:07,640 --> 00:49:14,440

three people went off the road right next to a school and into a retention pond.

758

00:49:14,440 --> 00:49:19,520

Like if you can imagine a small bridge going to a retention pond, it kind of veered off

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00:49:19,520 --> 00:49:23,400

to the right and then crashed through a fence and then flipped upside down and went into

760

00:49:23,400 --> 00:49:28,000

the retention pond.

761

00:49:28,000 --> 00:49:29,560

So we responded to that.

762

00:49:29,560 --> 00:49:35,440

It's not too far down the street from the station, so it was really quick.

763

00:49:35,440 --> 00:49:41,280

And we arrived, I was on the engine at the time, had a Probe with me and myself and the

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00:49:41,280 --> 00:49:47,880

Probe, myself, the Probe and sheriff's deputy went in.

765

00:49:47,880 --> 00:49:53,640

The car was upside down and basically just the tires were showing.

766

00:49:53,640 --> 00:49:58,920

And I originally went over to the driver's side to try to open it, but the door was jammed

767

00:49:58,920 --> 00:50:01,880

into the muck and couldn't get it open.

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00:50:01,880 --> 00:50:05,680

And then they were just opening up the passenger side and pulled out the first person who was

769

00:50:05,680 --> 00:50:06,680

there.

770

00:50:06,680 --> 00:50:11,560

And then the process, so then I came around and in the process of pulling out the first

771

00:50:11,560 --> 00:50:17,640

person, I'm, we're hearing my lieutenant of the time, Steve Sherrill on the radio and

772

00:50:17,640 --> 00:50:19,520

he's like, hey, kind of giving us updates.

773

00:50:19,520 --> 00:50:24,440

And he's like, hey, there's somebody in the car on the phone talking like on the phone

774

00:50:24,440 --> 00:50:29,140

with 911 and took out the first individual who was unconscious.

775

00:50:29,140 --> 00:50:31,080

And I was like, well, it's obviously not this guy.

776

00:50:31,080 --> 00:50:32,600

He's not talking on the phone.

777

00:50:32,600 --> 00:50:39,520

So there's obviously more people in the car and in that process, the person who was in

778

00:50:39,520 --> 00:50:41,360

the back seat grabbed the hand.

779

00:50:41,360 --> 00:50:46,480

I think it was the deputy's hand just reached out and grabbed his hand and scared and scared

780

00:50:46,480 --> 00:50:48,440

the crap out of them.

781

00:50:48,440 --> 00:50:56,560

And then we managed to pull her out and then talking to her, just trying to get information

782

00:50:56,560 --> 00:50:59,120

like, is there anybody else in the car?

783

00:50:59,120 --> 00:51:04,680

And then she's, we were able to manage to determine that there was a third person in

784

00:51:04,680 --> 00:51:09,840

the car at this point, you know, it was deep into the car and the only way in was at the

785

00:51:09,840 --> 00:51:12,480

time this, the passenger door.

786

00:51:12,480 --> 00:51:19,480

So I went in under the water and there was sort of an air pocket area where the, where

787

00:51:19,480 --> 00:51:25,940

your feet would be in the front seat of a car and kind of managed to get a breath of

788

00:51:25,940 --> 00:51:31,120

air in there and then was able to reach around and find a seatbelt and a seatbelt was able

789

00:51:31,120 --> 00:51:35,560

to take off and pull the driver out.

790

00:51:35,560 --> 00:51:39,160

And with the assistance of everybody else, get them up on shore.

791

00:51:39,160 --> 00:51:42,320

Cause even just getting them up on shore was difficult because it was like rocks, like

792

00:51:42,320 --> 00:51:46,320

large boulder rocks leading down to the retention pond.

793

00:51:46,320 --> 00:51:52,960

And then proceeded to work two codes at the same time with us and the rescue.

794

00:51:52,960 --> 00:51:57,320

And then me and the Probe soaking wet, you know, no shoes on and everything else.

795

00:51:57.320 --> 00:52:05.020

And then, and then what, what, then this Calvary started coming, but it was a very, it felt

796

00:52:05,020 --> 00:52:10,040

like a very long, like two, three minutes that we were up on the shore alone and kind

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00:52:10.040 --> 00:52:17,480

of splitting, splitting all the equipment we had between all of us, we're working that

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00:52:17,480 --> 00:52:18,560

call.

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00:52:18,560 --> 00:52:27,280

And then, and then ended up riding in on one of them still soaked to the bone, no shoes

800

00:52:27,280 --> 00:52:31,760

on riding in the back of the rescue.

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00:52:31,760 --> 00:52:39,880

And then, so we got pulses back on the one, he eventually passed later on, like a few

802

00:52:39,880 --> 00:52:41,760

weeks later.

803

00:52:41,760 --> 00:52:50,480

The other one, the other one was called at the hospital and then the other lady was,

804

00:52:50,480 --> 00:52:56,720

the other lady was ended up being fine, which is pretty crazy that that happened, you know?

805

00:52:56,720 --> 00:53:04,840

And there was a lot of, a lot of media that came along with that and ended up getting

806

00:53:04.840 --> 00:53:11,000

EMT of the year for the state of Florida through the department of health that year.

807

00:53:11,000 --> 00:53:19,040

So it was a, it was a crazy call, went very quickly, you know, a lot, you know, so it's

808

00:53:19,040 --> 00:53:20,040

amazing though.

809

00:53:20,040 --> 00:53:22,960

I'm glad I asked that question because you left out the whole part where you and your

810

00:53:22,960 --> 00:53:25,520

crew had an amazing rescue.

811

00:53:25,520 --> 00:53:26,520

Yeah.

812

00:53:26,520 --> 00:53:30,280

So yeah, that lady was fine, you know? 813 00:53:30,280 --> 00:53:31,280 Brilliant. 814 00:53:31,280 --> 00:53:37,240 Well, I want to get to, you know, the, the very unique rope rescue team that you're a 815 00:53:37,240 --> 00:53:40,680 part of, but just before we do, I mean, obviously there's been. 816 00:53:40,680 --> 00:53:44,920 The op tempo, as they like to say in the military, when it comes to orange County is extremely 817 00:53:44,920 --> 00:53:45,920 high. 818 00:53:45,920 --> 00:53:48,720 I mean, we have so many crazy calls. 819 00:53:48,720 --> 00:53:52,920 What are some of the other career calls that you've had up to this point? 820 00:53:52,920 --> 00:53:55,160 Excluding the wheel? 821 00:53:55,160 --> 00:53:56,760 No. 822 00:53:56,760 --> 00:54:00,000 Jeez.

823

00:54:00,000 --> 00:54:09,000

Most of them are, are just the small ones like, you know, the, like the amount of different

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00:54:09,000 --> 00:54:14,480

types of house fires and stuff in unique areas, apartment fires, you know, just the amount

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00:54:14,480 --> 00:54:19,920

of those or the unfortunate, you know, violent calls and stuff like that, that, you know,

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00:54:19,920 --> 00:54:24,880

you encounter unfortunately on too regular of a basis.

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00:54:24,880 --> 00:54:30,880

But you know, Oh, here's, there's one of my favorite ones.

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00:54:30,880 --> 00:54:35,840

Pirate ship dinner or pirate dinner adventure on international drive, which I used to be

829

00:54:35,840 --> 00:54:37,160 a pirate in that stunt show.

830

00:54:37,160 --> 00:54:39,160

You were a pirate in that, there you go.

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00:54:39,160 --> 00:54:40,160

I was Benjamin blue.

832

00:54:40,160 --> 00:54:41,160

I always got the girl.

833

00:54:41,160 --> 00:54:42,160

Okay.

834

00:54:42,160 --> 00:54:43,160

Yeah. 835 00:54:43,160 --> 00:54:45,800 Uh, that was a crazy call. 836 00:54:45,800 --> 00:54:49,320 Um, we responded to that. 837 00:54:49,320 --> 00:54:55,800 Um, it was at the time, I think if you can picture, um, if people know medieval times 838 00:54:55,800 --> 00:55:01,760 or I think Dolly Parton has one of those shows to those dinner shows, uh, where there's like 839 00:55:01,760 --> 00:55:05,400 a show and then they bring out food to you, uh, during it. 840 00:55:05,400 --> 00:55:10,160 And this particular one is pirate themed and it's an amphitheater and it actually has a, 841 00:55:10,160 --> 00:55:13,880 it has a cloth cover or a canvas cover over it. 842 00:55:13,880 --> 00:55:17,920 Well, the canvas cover was damaged and one of our hurricanes. 843 00:55:17,920 --> 00:55:19,400 So the place was shut down.

Uh, so they had just replaced the canvas cover and, um, they were doing repairs inside and

845

844

00:55:27,120 --> 00:55:34,080

00:55:19,400 --> 00:55:27,120

the repair man, unfortunately, I think he was doing some hot work, caught some of the

846

00:55:34,080 --> 00:55:37,960 decorative, uh, rock on fire.

847

00:55:37,960 --> 00:55:42,400

Cause if you think this decorative rock is basically foam gasoline for the most part

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00:55:42,400 --> 00:55:45,080 and he caught one of those on fire.

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00:55:45,080 --> 00:55:49,960

And I give props to the guy because later on when I went in there, I found like six

850

00:55:49,960 --> 00:55:51,800 empty fire extinguishers.

851

00:55:51,800 --> 00:55:54,240 So he tried to put this out, poor guy.

852

00:55:54,240 --> 00:56:01,400

Um, and then the place went up and, um, we arrived there as the first truck company.

853

00:56:01,400 --> 00:56:04,320

I think I had just transferred over to the truck.

854

00:56:04,320 --> 00:56:10,760

Um, and you know, big old hole in the ceiling of this canvas, uh, amphitheater and, uh,

855

00:56:10,760 --> 00:56:18,760

the pirate ship was on fire and myself and my lieutenant at the time, uh, ducks, um,

856

00:56:18,760 --> 00:56:23,080

went in and had to do primary search on this giant building, you know, so you've got to

857

00:56:23,080 --> 00:56:30,520

think it's a amphitheater backstage area, um, pre-show area, and then like a kitchen,

858

00:56:30,520 --> 00:56:32,120 you know, you're familiar with that.

859

00:56:32,120 --> 00:56:33,120

It was amazing.

860

00:56:33,120 --> 00:56:34,120

Yeah.

861

00:56:34,120 --> 00:56:36,240

I was, luckily I was familiar with the building.

862

00:56:36,240 --> 00:56:39,840

I had known people that had been in that show and I had been there before.

863

00:56:39,840 --> 00:56:46,600

So I had a general idea at the time of what the layout was and we had basically searched

864

00:56:46,600 --> 00:56:49,620

everywhere except the main building.

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00:56:49,620 --> 00:56:54,500

And I was kind of able to convey to my lieutenant kind of the, what we were going to expect

866

00:56:54,500 --> 00:56:56,240

when we went in there.

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00:56:56,240 --> 00:57:01,320

And it has sort of a double door, uh, like almost airlock with the way you get into that

868

00:57:01,320 --> 00:57:02,320

place.

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00:57:02,320 --> 00:57:05,640

So there was like no smoke anywhere except that because of this, the way the double doors

870

00:57:05,640 --> 00:57:06,960

were.

871

00:57:06,960 --> 00:57:10,320

And we went in there and sure enough, like, you know, we're talking pitch black, which

872

00:57:10,320 --> 00:57:16,720

is this glow in the center of the, the, um, pirate dinner show on fire with a pirate ship

873

00:57:16,720 --> 00:57:17,720

on fire.

874

00:57:17,720 --> 00:57:19,440

And we're like, all right.

875

00:57:19,440 --> 00:57:21,880

He's like, my lieutenant's like, all right, you go left, I go right.

876

00:57:21,880 --> 00:57:23,760

And we'll meet back up here in the middle.

877

00:57:23,760 --> 00:57:27,040

Um, luckily nobody else, nobody was in there.

878

00:57:27,040 --> 00:57:33,400

Um, uh, but I remember later on when we looked back, um, the moat that's around the boat

879

00:57:33,400 --> 00:57:38,420

was drained and we saw some of the areas people were walking in were very close to falling

088

00:57:38,420 --> 00:57:41,260

into this 15 foot pool.

881

00:57:41,260 --> 00:57:43,920

So that was definitely a unique experience.

882

00:57:43,920 --> 00:57:47,640

Not every day you show up and there's a pirate ship on fire.

883

00:57:47,640 --> 00:57:51,260

And then just knowing these unique buildings that are in your area, if you're working

884

00:57:51,260 --> 00:57:57,760

in like near these heavy, uh, heavy touristy areas, you're going to have these strange

885

00:57:57,760 --> 00:58:02,960

buildings like, you know, you know, the Ripley's building that's on its side or the, you know,

886

00:58:02,960 --> 00:58:06,640

wonder works building that's upside down, these unique structures that are out there,

887

00:58:06,640 --> 00:58:14,480

you know, that aren't your normal, you know, two, three bedroom house, you know, you know,

888

00:58:14,480 --> 00:58:21,120

it was interesting when I came back to America from Japan and I went to the fire academy

889

00:58:21,120 --> 00:58:22,560

and then I got hired.

890

00:58:22,560 --> 00:58:25,560

Well, was it before?

891

00:58:25,560 --> 00:58:28,160

I guess it was when I came back to Orlando.

892

00:58:28,160 --> 00:58:32,160

Anyway, um, they, they were hiring for medieval times.

893

00:58:32,160 --> 00:58:35,480

Bolly Partons was a Dixie stampede, which didn't last very long in Florida.

894

00:58:35,480 --> 00:58:40,200

They get shut down pretty early and it was a pirate show, but I had sword training and

895

00:58:40,200 --> 00:58:42,720

you know, stump work and stuff and I could ride.

896

00:58:42,720 --> 00:58:46,520

So I went to medieval times, but they have a program where no matter who you are, you

897

00:58:46,520 --> 00:58:47,640

start as a squire.

898

00:58:47,640 --> 00:58:49,680

You just shovel shit and you work your way up.

899

00:58:49,680 --> 00:58:51,600

I respect that, but that's not going to work.

900

00:58:51,600 --> 00:58:53,720

You know, I got time to do that.

901

00:58:53,720 --> 00:58:57,360

Dixie stampede, my, my ex, my wife at the time, she auditioned.

902

00:58:57,360 --> 00:59:00,680

I was literally there just to watch and they were hurting for male writers.

903

00:59:00,680 --> 00:59:01,680 So they asked me if I'd ride.

904

00:59:01,680 --> 00:59:03,680

And again, I'm not a great writer by any means.

905

00:59:03,680 --> 00:59:09,200

I just can ride a girl up on a farm and I got the job and she didn't, but you know,

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00:59:09,200 --> 00:59:13,080

running around on an ostrich carrying an American flag again, wasn't really the stunt work

907

00:59:13,080 --> 00:59:14,080

that I wanted.

908

00:59:14,080 --> 00:59:18,440

So that's how I ended up in, in the pirate show because I tried for all three, but that

909

00:59:18,440 --> 00:59:19,440

was the one.

910

00:59:19,440 --> 00:59:23,320

It was, I mean, the, the actual show is dangerous.

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00:59:23,320 --> 00:59:27,440

Like you said, the, the moat and everything we would do the high, not high fall, a fall.

912

00:59:27,440 --> 00:59:31,880

It's not really called a high fall 18 feet into a mat that looked like a postage stamp

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00:59:31,880 --> 00:59:35,440

when you were up there, like 30 foot sword fight up on a mast.

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00:59:35,440 --> 00:59:40,320

And it was a great place to learn to be a stunt man, but man, those people in there,

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00:59:40,320 --> 00:59:43,000

they get paid way too little for what they do.

916

00:59:43,000 --> 00:59:46,440

Cause it's literally 90 minutes of solid stunts.

917

00:59:46,440 --> 00:59:48,240

Yeah, yeah, yeah.

918

00:59:48,240 --> 00:59:51,160

Sometimes two, two, three shows a day.

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00:59:51,160 --> 00:59:52,160

Yeah.

920

00:59:52,160 --> 00:59:54,040

That's a, that's, that's a hard life.

921

00:59:54,040 --> 00:59:55,040

Yeah.

922

00:59:55,040 --> 00:59:56,040

I do remember when it burned though.

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00:59:56,040 --> 01:00:00,280

And I remember going, huh, it needed a renovation anyway.

924

01:00:00,280 --> 01:00:01,280 So it was probably a blessing.

925

01:00:01,280 --> 01:00:02,280

Yeah.

926

01:00:02,280 --> 01:00:03,280

It was good just to know.

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01:00:03,280 --> 01:00:05,880

And I, I got to tell this story to this day.

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01:00:05,880 --> 01:00:10,540

My, my people I work with laugh at me for this.

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01:00:10,540 --> 01:00:15,200

We went out and then there's different divisions set up.

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01:00:15,200 --> 01:00:18,360

So the battalion chief that was in charge of that side of the building we were working

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01:00:18,360 --> 01:00:23,040

on was working on a, one of those giant wooden spools that holds wire, like using that as

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01:00:23,040 --> 01:00:25,560

a table, like as the construction guys were used.

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01:00:25,560 --> 01:00:28,080

So that was kind of his command post.

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01:00:28,080 --> 01:00:31,800

And I just remember I was coming out and I was on the radio and I was bonking because

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01:00:31,800 --> 01:00:35,200

a million people were talking about things that were unnecessary.

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01:00:35,200 --> 01:00:40,440

So I walk out to give a, you know, just a report of what we did and the way they describe

937

01:00:40,440 --> 01:00:41,440

it is right.

938

01:00:41,440 --> 01:00:47,600

So you took your hand and then you pushed off all the junk that was on this wooden spool.

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01:00:47,600 --> 01:00:52,160

And then you pulled out of your pocket, a magic marker that nobody had knew you had

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01:00:52,160 --> 01:00:53,160

and proceeded.

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01:00:53,160 --> 01:00:58,220

I proceeded to draw a map of the building and show them, Hey, this is what it looks

942

01:00:58,220 --> 01:00:59,220

like.

943

01:00:59,220 --> 01:01:00,220

This is the fire.

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01:01:00,220 --> 01:01:02,640

And then this pirate ship is on fire and the guys still make fun of me to this day.

945

01:01:02,640 --> 01:01:05,520

You're like, you just pulled out a marker and started drawing a picture.

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01:01:05,520 --> 01:01:07,480

It was a pirate map.

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01:01:07,480 --> 01:01:09,520

It's a treasure map in fact.

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01:01:09,520 --> 01:01:11,320

Yeah, exactly.

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01:01:11,320 --> 01:01:12,320

All right.

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01:01:12,320 --> 01:01:17,600

Well, I touched on it before just up the road from the pirate show is the Orlando I, is

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01:01:17,600 --> 01:01:19,000

that what they call it?

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01:01:19,000 --> 01:01:21,400

I think it's that icon now.

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01:01:21,400 --> 01:01:26,440

I think it's icon currently the wheel, the wheel icon park, the wheeled icon park, the

954

01:01:26,440 --> 01:01:27,440

current name.

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01:01:27,440 --> 01:01:28,440

```
Yeah.
956
01:01:28,440 --> 01:01:31,440
Cause in Orlando, I mean, sorry in London, it was a millennium wheel originally and it
957
01:01:31,440 --> 01:01:32,440
became a London.
958
01:01:32,440 --> 01:01:33,440
I know that.
959
01:01:33,440 --> 01:01:34,440
So 400 feet.
960
01:01:34,440 --> 01:01:35,920
Have I got that right?
961
01:01:35,920 --> 01:01:36,920
Tall.
962
01:01:36,920 --> 01:01:37,920
400 feet.
963
01:01:37,920 --> 01:01:38,920
Correct.
964
01:01:38,920 --> 01:01:39,920
So educate me.
965
01:01:39,920 --> 01:01:42,000
I'm going to go to Orlando, Orange County.
```

01:01:42,000 --> 01:01:46,160

Hey, we're going to be building this very large Ferris wheel.

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01:01:46,160 --> 01:01:49,640

Walk me through the inception of the team.

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01:01:49,640 --> 01:01:53,080

The testing I think is very important and the fitness standards for the team.

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01:01:53,080 --> 01:01:54,720

And then let's go into some of the rescues.

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01:01:54,720 --> 01:01:55,720

Yeah.

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01:01:55,720 --> 01:01:56,720

And everybody's going to be surprised.

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01:01:56,720 --> 01:02:00,520

I went through this, most of this podcast hadn't talked about rope yet.

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01:02:00,520 --> 01:02:04,280

We're going to get to a long podcast.

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01:02:04,280 --> 01:02:10,120

So 20, about just before 2015, cause 2015 was when they built it.

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01:02:10,120 --> 01:02:16,560

They wanted to build this giant 400 foot Ferris wheel on international drive.

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01:02:16,560 --> 01:02:20,600

And it was the team that owned the London Eye at the time that were kind of a part of

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01:02:20,600 --> 01:02:21,680

it.

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01:02:21,680 --> 01:02:24,920

So that was coming.

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01:02:24,920 --> 01:02:31,600

And then with that came the unique rescue challenge that that would be.

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01:02:31,600 --> 01:02:36,880

Cause even your Ferris wheel at like a fair or something you can get with a ladder truck

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01:02:36,880 --> 01:02:37,880

and all that.

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01:02:37,880 --> 01:02:44,720

But now you have a 400 foot wheel and London has their own rescue team on standby for that

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01:02:44,720 --> 01:02:45,960

as well.

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01:02:45,960 --> 01:02:50,720

So with that, so they were decided they were, they were going to build this wheel and then

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01:02:50,720 --> 01:02:55,860

they contacted the fire department and wanted to make a rescue team.

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01:02:55,860 --> 01:02:58,840

So instead of going like the private rescue team route, they're like, Hey, we'll just

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01:02:58,840 --> 01:03:04,200

have the local fire department do it and we'll bring in people from London to teach the firefighters

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01:03:04,200 --> 01:03:06,040

how to do the rescue.

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01:03:06,040 --> 01:03:10,360

Well the difference is every single one of these giant Ferris wheels is built differently.

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01:03:10,360 --> 01:03:13,440

There's not a, it's, you know, everyone is custom.

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01:03:13,440 --> 01:03:18,140

The one that is in Florida is different than the one that is in Las Vegas and is different

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01:03:18,140 --> 01:03:21,520

than the one that is in London and everything else.

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01:03:21,520 --> 01:03:24,960

So everyone has its own unique challenges.

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01:03:24,960 --> 01:03:31,040

So what we found was that it would be a unique challenge and you needed a certain type of

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01:03:31,040 --> 01:03:33,200

person to do rescues on this.

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01:03:33,200 --> 01:03:41,160

Cause you need somebody who can basically carry 50 pounds of gear, climb up 400 feet,

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01:03:41,160 --> 01:03:48,920

crawl into a hole that is 18 inches, an 18 inch opening on the top of one of these things

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01:03:48,920 --> 01:03:54,880

with all that gear proceed to evacuate, you know, five, six people climb out of that hole

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01:03:54,880 --> 01:04:01,000

climb to the next one and do it again and potentially do that multiple times.

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01:04:01,000 --> 01:04:07,840

And so with that comes some, you know, stamina and some knowledge to be working independently

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01:04:07,840 --> 01:04:11,960

because most likely you're just you and your partner or you and two other people.

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01:04:11,960 --> 01:04:18,760

So they wanted to develop a unique team that could focus on the unique challenge that this

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01:04:18,760 --> 01:04:20,600

ride would present.

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01:04:20,600 --> 01:04:29,760

So they had a testing process for that, that involved initially the ladder mill.

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01:04:29,760 --> 01:04:33,280

And if people aren't familiar with a ladder mill, if you've been to your gym, like a Jacob's

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01:04:33,280 --> 01:04:38,240

ladder, imagine a Jacob's ladder straight up and down or a treadmill, but instead of

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01:04:38,240 --> 01:04:41,080

replace the belt with a bunch of rungs of a ladder.

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01:04:41.080 --> 01:04:43,920

So it's just an endless ladder that you climb.

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01:04:43,920 --> 01:04:49,800

So you had to climb this for you had to climb 400 feet on the ladder mill in under 10 minutes

01:04:49,800 --> 01:04:59,800

and then after that, do some rope rescue like skills and then had to climb the or Bronto

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01:04:59,800 --> 01:05:05,960

truck that is a unique shape to it was the testing process at the time that since that's

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01:05:05,960 --> 01:05:11,320

has since developed into more where it's the ladder mill.

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01:05:11,320 --> 01:05:14,320

And now there's multiple different skill stations you have to go to.

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01:05:14,320 --> 01:05:24,720

We have a knot tying section, a pickoff section, a like a system section.

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01:05:24,720 --> 01:05:30,320

And then, you know, you have to demonstrate your ability to know those rope systems.

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01:05:30,320 --> 01:05:35,960

What happened when they did all of this was they brought down the people from London to

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01:05:35,960 --> 01:05:41,740

teach us and they basically looked at the way North Americans at the time do rope rescue

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01:05:41,740 --> 01:05:49,320

and saying you guys are in the Stone Age and they proceeded to show us equipment and techniques

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01:05:49,320 --> 01:05:53,880

that vastly improved the way we do things.

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01:05:53,880 --> 01:05:59,640

So what would take going from, you know, a system to pull somebody up and then changing

01:05:59,640 --> 01:06:04,520

that system to lower somebody down would take five minutes to change from one system to

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01:06:04,520 --> 01:06:11,080

the other where this equipment we have now and that they introduced us then can do it

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01:06:11,080 --> 01:06:13,720

within five seconds.

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01:06:13,720 --> 01:06:20,480

And that introduced us to just a whole new way of doing doing things and that you could

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01:06:20,480 --> 01:06:27,520

take what was normally multiple fire trucks showing up to a call pulling out giant bags

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01:06:27,520 --> 01:06:35,280

of equipment and would reduce that to you carrying all the equipment on you.

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01:06:35,280 --> 01:06:37,560

It was a unique change for sure.

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01:06:37,560 --> 01:06:42,920

And reducing that team from like 15, 20 people to multiple small little teams of individuals

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01:06:42,920 --> 01:06:51,200

working and with that reintroduced me to rope rescue and my passion for rope rescue and

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01:06:51,200 --> 01:06:56,600

it's led to all kinds of things that I do now.

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01:06:56,600 --> 01:06:59,000

Just jumping on that topic for a second.

01:06:59,000 --> 01:07:05,160

One of the most nauseating things that you can hear from American firefighter is the

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01:07:05,160 --> 01:07:11,280

ridiculing of the European fire helmet when we're wearing and I see over my shoulder there

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01:07:11,280 --> 01:07:18,200

you got a patent of the leather helmet and it's from the 1930s.

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01:07:18,200 --> 01:07:20,720

And you know, all for artifacts and more for history.

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01:07:20,720 --> 01:07:22,100

That's why we have museums.

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01:07:22,100 --> 01:07:26,600

But when it comes to being progressive, you know, finding the best innovation, just like

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01:07:26,600 --> 01:07:30,880

you said, if it's truly for them, you want the best equipment.

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01:07:30,880 --> 01:07:37,240

I find it nauseating when someone will not only push against but even ridicule innovation

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01:07:37,240 --> 01:07:38,240

that's far better.

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01:07:38,240 --> 01:07:41,440

You know, in those helmets, they've got comms, they've got visors, they've got all the things

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01:07:41,440 --> 01:07:42,440

built in.

01:07:42,440 --> 01:07:44,880

They're incredible and they're light and they're low profile.

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01:07:44,880 --> 01:07:51,440

Bearing in mind, I wore West Coast helmets, I wore East Coast helmets, I had all the helmets.

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01:07:51,440 --> 01:07:56,960

Talk to me about that knowledge sharing because I think there's a lot of ignorance, borderline

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01:07:56,960 --> 01:08:01,880

narcissism sometimes in the American fire service and you know, more concerned about

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01:08:01,880 --> 01:08:05,920

looking like Kurt Russell than actually being the best version.

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01:08:05,920 --> 01:08:10,000

And I always say you don't see Navy SEALs wearing tin helmets for a reason.

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01:08:10,000 --> 01:08:13,360

And if you're so, you know, stuck on tradition, why are you wearing a BA?

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01:08:13,360 --> 01:08:14,840

Go do it old school.

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01:08:14,840 --> 01:08:16,080

You know, good luck with that.

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01:08:16,080 --> 01:08:22,280

So I think it's a very important point, the humility to listen to an agency that arguably

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01:08:22,280 --> 01:08:26,920

is just doing it better than you in that specific area.

01:08:26,920 --> 01:08:31,520

You know, how was that information delivered and how was it received in the team?

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01:08:31,520 --> 01:08:36,040

Because I think sometimes ego gets in the way of progress in our profession.

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01:08:36,040 --> 01:08:38,120

Yeah.

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01:08:38,120 --> 01:08:42,640

So at least what they were showing us was just so beyond what we were doing.

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01:08:42,640 --> 01:08:48,080

And it was just kind of like this exists, like at least as far as the rope part of it

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01:08:48,080 --> 01:08:50,080

was.

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01:08:50,080 --> 01:08:52,600

You know, they sent down three really good guys.

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01:08:52,600 --> 01:08:58,080

And what's funny is I've reconnected with some of them over the years through different

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01:08:58,080 --> 01:09:02,400

avenues and I still talk to them this to this day and they make fun of us.

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01:09:02,400 --> 01:09:06,920

They're like, we showed up and you guys are using bar racks and all this other stuff.

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01:09:06,920 --> 01:09:12,720

And it was just so beyond what we were doing that there wasn't really much pushback, at

01:09:12,720 --> 01:09:17,560

least from us as an internal team from the rescue climbers.

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01:09:17,560 --> 01:09:23,200

Now taking that information, what we were doing, it definitely took time for us to transfer

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01:09:23,200 --> 01:09:26,920

that information, let's say to the rest of the department.

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01:09:26,920 --> 01:09:30,940

That cell was a was a lot harder for sure.

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01:09:30,940 --> 01:09:39,320

But I think at least as far as the rope goes, sometimes you just have to show people and

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01:09:39,320 --> 01:09:43,720

you know, sometimes just demonstrating it and doing it side by side against the old

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01:09:43,720 --> 01:09:48,320

way and the new way and then, you know, even if they don't like it, you know, even the

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01:09:48,320 --> 01:09:52,720

the staunchest critics will kind of shrug their shoulders a little bit and go, okay,

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01:09:52,720 --> 01:09:54,160

maybe this isn't so bad.

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01:09:54,160 --> 01:09:55,640

And it's little bits.

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01:09:55,640 --> 01:10:01,480

If you want to make a change in your agency with something, it has you, you have to do

01:10:01,480 --> 01:10:05,640

it slowly because it's not going to be an overnight thing.

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01:10:05,640 --> 01:10:06,640

For sure.

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01:10:06,640 --> 01:10:12,900

It's you know, you, you have to little bits of information at a time and, and then make

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01:10:12,900 --> 01:10:19,160

it not just so, you know, so drastic of a change.

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01:10:19,160 --> 01:10:26,120

But you know, the way Europe and other parts of the world do fire service is very different

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01:10:26,120 --> 01:10:27,120

than the US.

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01:10:27,120 --> 01:10:31,840

Like a lot of them are, you know, military or branches of the military.

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01:10:31,840 --> 01:10:36,400

I know in my experience of guys in France and stuff, it's basically military guys that

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01:10:36,400 --> 01:10:37,400

are doing it.

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01:10:37,400 --> 01:10:44,080

It's a completely different mindset and they're telling you we do it this way because this

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01:10:44,080 --> 01:10:46,680

is the military and this is how we do it.

01:10:46,680 --> 01:10:49,360

So there's no like, you know, well, I'd like to wear this helmet.

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01:10:49,360 --> 01:10:50,360

I like to wear that.

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01:10:50,360 --> 01:10:52,560

It's like, no, this is this the way it's done here.

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01:10:52,560 --> 01:10:57,960

And that mindset is very different culturally all over with that.

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01:10:57,960 --> 01:11:02,200

I think that military influence a lot of the fire departments in Europe and all that.

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01:11:02,200 --> 01:11:08,320

But yeah, it's at the time, yeah, it was so drastically different than we were doing

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01:11:08,320 --> 01:11:10,200

that it kind of blew our minds.

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01:11:10,200 --> 01:11:14,600

And the only pushback that I ended up seeing was when it tried to expand beyond our smaller

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01:11:14,600 --> 01:11:16,080

team that we had at the time.

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01:11:16,080 --> 01:11:17,080

Yeah.

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01:11:17,080 --> 01:11:20,560

Well, I think the, the differences, like you said, you, you had seen it work.

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01:11:20,560 --> 01:11:21,560

There was no ego.

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01:11:21,560 --> 01:11:23,840

There was no, you just, Oh, this is better.

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01:11:23,840 --> 01:11:24,840

And don't get me wrong.

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01:11:24,840 --> 01:11:26,360

This, you know, that's not saying it's a one way street.

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01:11:26,360 --> 01:11:30,960

There's a lot of things that we do that I know over the years, many departments around

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01:11:30,960 --> 01:11:33,320

the world have taken, you know, but that's the thing.

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01:11:33,320 --> 01:11:37,400

It's a humility to knowledge share, you know, the rising tide lifts all ships.

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01:11:37,400 --> 01:11:44,120

But if you are dogmatic about the way you look rather than your ability to perform that

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01:11:44,120 --> 01:11:45,960

then in my opinion becomes a problem.

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01:11:45,960 --> 01:11:47,680

Oh, for sure.

1108

01:11:47,680 --> 01:11:48,880

For sure.

01:11:48,880 --> 01:11:53,520

So before we go to, you know, your advancement in the rope rescue side, what about the actual

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01:11:53,520 --> 01:11:57,960

rescues talk to me about, you know, if there's any that stick in mind, cause you're 400 feet

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01:11:57,960 --> 01:12:02,600

up, you've talked about, you know, ascending, you know, with gear on your back, obviously

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01:12:02,600 --> 01:12:09,240

the fitness side is, you know, is clear, but now you're courting through 18 inch spaces.

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01:12:09,240 --> 01:12:14,560

How are you getting the riders from these places back safely down to the floor?

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01:12:14,560 --> 01:12:16,120

Oh yeah.

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01:12:16,120 --> 01:12:23,120

So that goes a lot into, um, uh, look, we, the best way you can deal with a lot of these

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01:12:23,120 --> 01:12:25,520

unique structures is pre-planning.

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01:12:25,520 --> 01:12:31,560

So all the gear to rescue a lot of these, these, these people is already in the cab.

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01:12:31,560 --> 01:12:34,100

They just don't know what it's sitting on top.

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01:12:34,100 --> 01:12:39,680

So you have to climb, you know, all the way to that individual cab, crawl in, introduce

01:12:39,680 --> 01:12:46,280

yourself to these people that are going to be scared and, um, and then proceed to tell

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01:12:46,280 --> 01:12:52,520

them to go to the back of the, uh, to the back of the cabin and open up the doors and

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01:12:52,520 --> 01:12:57,160

use the ropes that we have to build a system to get them down.

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01:12:57,160 --> 01:13:01,520

Um, and with that came smaller ropes than what we were used to at the time in the fire

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01:13:01,520 --> 01:13:06,000

department switching from half inch rope to 11 millimeter.

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01:13:06,000 --> 01:13:10,520

So which doesn't seem a lot, but you know, when you have to carry that rope potentially,

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01:13:10,520 --> 01:13:15,360

you know, there's a big weight difference in that.

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01:13:15,360 --> 01:13:17,660

Um, so yeah.

1128

01:13:17,660 --> 01:13:23,720

And then pre-planning the each one of these rides on how to get people down, um, the system

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01:13:23,720 --> 01:13:28,040

that we built, if people aren't familiar with it, it's sorta, you know, basically like a

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01:13:28,040 --> 01:13:32,880

controlled zip line, you know, there's kind of a tracking line, um, and then a way to

01:13:32,880 --> 01:13:36,720

lower people down and then you reset it and then send the next person down.

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01:13:36,720 --> 01:13:41,280

And you have to have a system that works for all types of people, everything from a small

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01:13:41,280 --> 01:13:44,520

child to a, you know, to a service dog.

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01:13:44,520 --> 01:13:48,440

You know, you could potentially be rescuing, um, on these rides.

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01:13:48,440 --> 01:13:58,200

Uh, we are really good as a fire department rescuing, um, you know, 175 pound, uh, male

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01:13:58,200 --> 01:14:01,720

person because you know, that's what you practice on you, you know, you're not going to get

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01:14:01,720 --> 01:14:04,780

the biggest person or the, you know, to rescue.

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01:14:04,780 --> 01:14:08,160

So we're really good at practicing that, but we're not really good at rescuing children

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01:14:08,160 --> 01:14:13,460

or service dogs or, you know, um, uh, different size people for sure.

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01:14:13,460 --> 01:14:19,200

So that's the unique challenge that, uh, these theme parks and everything give us.

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01:14:19,200 --> 01:14:23,960

So are you, are they literally going from the cabin that they were in all the way to

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01:14:23,960 --> 01:14:24,960

the ground?

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01:14:24,960 --> 01:14:25,960

All the way to the ground.

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01:14:25,960 --> 01:14:29,360

Well, to the roof of the building, uh, of the building.

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01:14:29,360 --> 01:14:34,600

So almost all the way to the ground, but yeah, to the roof of the building that they, the

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01:14:34,600 --> 01:14:36,000

attraction building.

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01:14:36,000 --> 01:14:37,940

So we have anchors pre-staged on there.

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01:14:37,940 --> 01:14:41,000

So, and then from there there's, that's a two story building.

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01:14:41,000 --> 01:14:43,080

So it's a few stairs on the way down.

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01:14:43,080 --> 01:14:50,240

So these people getting in have no idea that they might be doing a 360 foot external repel.

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01:14:50,240 --> 01:14:51,240

Yes.

1152

01:14:51,240 --> 01:14:52,240

No idea.

01:14:52,240 --> 01:14:53,240

No idea.

1154

01:14:53,240 --> 01:14:54,240

Yeah.

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01:14:54,240 --> 01:14:55,240

That's crazy.

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01:14:55,240 --> 01:14:59,480

That's the whole part of it too is, um, is being able to, you know, do all that.

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01:14:59,480 --> 01:15:06,080

And then if you're physically fit to do that, you're not going to pop in like sweating bullets

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01:15:06,080 --> 01:15:10,000

and you're breathing super heavy, you know, like if you can come in and you come in calm

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01:15:10,000 --> 01:15:14,280

and collected, people are going to trust what you're doing more, you know?

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01:15:14,280 --> 01:15:18,240

And that was the whole part of our program about implementing the physical fitness standard

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01:15:18,240 --> 01:15:23,200

and everything was we need you to do the climb, but then once you're there, that's when the

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01:15:23,200 --> 01:15:26,060

work starts, you know, the climb is just getting there.

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01:15:26,060 --> 01:15:32,720

You need to be able to perform, you know, perform the rescue and then exude confidence.

01:15:32,720 --> 01:15:37,440

And we have to be able to trust because, you know, there's not a safety captain climbing

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01:15:37,440 --> 01:15:38,440 with you.

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01:15:38,440 --> 01:15:41,600

You have to trust what you're building is correct, you know, and you have to be able

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01:15:41,600 --> 01:15:46,000

to, to do that and have the stamina and not have like, you know, lose that dexterity in

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01:15:46,000 --> 01:15:48,040

your hands because you've been climbing so much.

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01:15:48,040 --> 01:15:55,360

So that was the big push in why we specifically have a team just for this kind of stuff.

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01:15:55,360 --> 01:16:05,000

In my last place where I worked next to my station was a 28 story hotel and the mentality

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01:16:05,000 --> 01:16:09,400

of quite a lot of the department was, oh, if we have something, we'll just take the

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01:16:09,400 --> 01:16:10,400

elevator.

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01:16:10,400 --> 01:16:14,880

There was a guy who came in briefly, sadly passed away not long after, but he set up

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01:16:14,880 --> 01:16:18,200

high rise training in a two story building.

01:16:18,200 --> 01:16:22,760

And I remember asking him just a quick question, how are we simulating the exertion of getting

1176

01:16:22,760 --> 01:16:27,200

a hundred pounds of gear to the fire floor before we even start working?

1177

01:16:27,200 --> 01:16:30,440

And he said, oh, we'll just walk around the building a couple of times first.

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01:16:30,440 --> 01:16:35,600

And, you know, internally I face palmed, I wasn't disrespectful, but this is the big

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01:16:35,600 --> 01:16:40,280

disconnect to, you know, the, the physical fitness.

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01:16:40,280 --> 01:16:41,280

And you talk about dexterity.

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01:16:41,280 --> 01:16:45,000

I mean, also just the, the clarity of thought to be able to put the system together and

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01:16:45,000 --> 01:16:46,000

not make a mistake.

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01:16:46,000 --> 01:16:49,760

And, you know, a fatal mistake is a huge part.

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01:16:49,760 --> 01:16:55,400

So it's really interesting to hear in the, the wheel example, the really mirrors high

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01:16:55,400 --> 01:16:56,400

rise and everything else.

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01:16:56,400 --> 01:16:59,960

And shortly after I left that place, they had an incident where the elevators roll out

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01:16:59,960 --> 01:17:00,960

and they had to climb.

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01:17:00,960 --> 01:17:04,840

I don't think it was 28, it was a different, different hotel, but it was, you know, I think

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01:17:04,840 --> 01:17:08,480

15 floors with all their gear.

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01:17:08,480 --> 01:17:09,480

So yeah.

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01:17:09,480 --> 01:17:12,560

I mean, so then when you look at the absence of fitness standards in the fire service as

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01:17:12,560 --> 01:17:19,720

a whole, yeah, you might be fine making entry on a single story, you know, 1950s house or

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01:17:19,720 --> 01:17:23,560

running a medical aid, but what happens when you have that fire in the bank of America

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01:17:23,560 --> 01:17:29,880

building or, you know, some kind of catastrophic event in the millennium wheel, you know, where

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01:17:29,880 --> 01:17:33,200

you actually, maybe you're not assigned to that team, but you yourself have to get up

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01:17:33,200 --> 01:17:36,400

there too, because they need all hands, you know, that's what we should be training for.

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01:17:36,400 --> 01:17:37,400

Oh yeah.

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01:17:37,400 --> 01:17:41,360

You know, adrenaline and you know, rise, you know, adrenaline will only take you so far.

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01:17:41,360 --> 01:17:45,280

And they always say you'll rise to the level of your training and stuff.

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01:17:45,280 --> 01:17:49,520

But if you haven't trained to that level, then how are you expected to rise to that?

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01:17:49,520 --> 01:17:50,520

Absolutely.

1202

01:17:50,520 --> 01:17:51,520

Absolutely.

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01:17:51,520 --> 01:17:52,520

All right.

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01:17:52,520 --> 01:17:53,520

Well, you touched on the passion for ropes.

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01:17:53,520 --> 01:17:57,760

So you're first exposed to it, the truck program, you get on the squad program.

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01:17:57,760 --> 01:18:00,160

Now you're on the the climb team.

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01:18:00,160 --> 01:18:06,440

How did that continue to evolve to, you know, becoming the core of your passion?

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01:18:06,440 --> 01:18:09,120

And we'll obviously then talk about the event.

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01:18:09,120 --> 01:18:11,480

Yeah, it was slow.

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01:18:11,480 --> 01:18:16,280

Like I originally when I was introduced it as an explorer, as a cadet in California,

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01:18:16,280 --> 01:18:17,560

I really liked it.

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01:18:17,560 --> 01:18:21,640

And then, you know, kind of went to the wayside until I got involved in the truck program

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01:18:21,640 --> 01:18:22,640

and stuff.

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01:18:22,640 --> 01:18:27,340

And that evolved into rope access training.

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01:18:27,340 --> 01:18:32,760

Everybody on our team is eventually set to sent to rope access training and is certified

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01:18:32,760 --> 01:18:37,060

with SPRAT, the Society of Professional Rope Access Technicians.

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01:18:37,060 --> 01:18:39,320

It's not a fire department course.

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01:18:39,320 --> 01:18:40,920

It's not a rescue course.

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01:18:40,920 --> 01:18:47,360

It's actually an industry course for people that, you know, if you wanted to hang lights

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01:18:47,360 --> 01:18:52,880

in the middle of the Gaylord Palms, you know, if you want a Christmas tree hanging in the

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01:18:52,880 --> 01:18:59,620

middle of that atrium at Gaylord Palms, you would have rope access technicians do that.

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01:18:59,620 --> 01:19:03,640

So we were sent there and I was part of the first class that did that.

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01:19:03,640 --> 01:19:11,360

And what was unique about that program is it is not a pay money and get a cert program.

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01:19:11,360 --> 01:19:13,340

It's a five day course.

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01:19:13,340 --> 01:19:18,080

Four days you're trained and on the fifth day you're tested and you're not tested by

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01:19:18,080 --> 01:19:21,120

the people you're trained, that trained you.

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01:19:21,120 --> 01:19:25,540

You are tested by an outside evaluator that has flown in that has nothing to do with the

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01:19:25,540 --> 01:19:29,880

agency that you that you that just tested you.

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01:19:29,880 --> 01:19:33,740

So you're trained in all these different rope climbing techniques.

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01:19:33,740 --> 01:19:39,840

So basically, you know how to climb rope, how to go rescue people, move horizontally,

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01:19:39,840 --> 01:19:41,960 you know, laterally through rope.

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01:19:41,960 --> 01:19:45,380

And then you're taught about like 15 different skills.

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01:19:45,380 --> 01:19:48,920

And then you have to perform those in front of this evaluator.

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01:19:48,920 --> 01:19:54,660

And basically, it's it's you know, it's baseball, it's three strikes and you're out.

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01:19:54,660 --> 01:19:58,640

And then sometimes if it's a really bad offense, they'll just cut you right there.

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01:19:58,640 --> 01:20:04,280

And it's like, hey, sorry, I know you paid \$1500 for this class, but you can come back,

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01:20:04,280 --> 01:20:08,800

you know, so it's you feel like when you come out of that class that you actually earned

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01:20:08,800 --> 01:20:10,200

your certification.

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01:20:10,200 --> 01:20:15,280

And I have hence continued with that program and progressed through the different levels

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01:20:15,280 --> 01:20:18,320

to level three of that.

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01:20:18,320 --> 01:20:26,200

And so I just started getting involved in ropes and I got involved with some guys out

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01:20:26,200 --> 01:20:32,520

of Canada that I work with, the guys wrote a rescue out of Canada that teach advanced

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01:20:32,520 --> 01:20:34,360

rope rescue classes.

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01:20:34,360 --> 01:20:42,120

And then they got me involved or kind of showed me rope competitions, rope competitions exist

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01:20:42,120 --> 01:20:45,720

and they're all over the place.

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01:20:45,720 --> 01:20:52,920

There's currently there's one in the US, there's one in South America, there's a big one in

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01:20:52,920 --> 01:20:57,920

Europe every year, and then there's China and Japan.

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01:20:57,920 --> 01:21:02,880

And so I started getting involved in those and I put together a rope competition team

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01:21:02,880 --> 01:21:14,200

in 2021 to go to California and compete against 11 other teams on the USS Iowa, I think it

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01:21:14,200 --> 01:21:21,960

is in LA Harbor over there for a two day rope rescue competition against teams from all

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01:21:21,960 --> 01:21:24,760

over the US and all over the world.

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01:21:24,760 --> 01:21:28,100

And that was an awesome experience and it was all on a battleship.

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01:21:28,100 --> 01:21:32,400

So that was pretty cool.

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01:21:32,400 --> 01:21:38,640

And then since I've been involved in other ones and let about last year, March of last

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01:21:38,640 --> 01:21:45,120

year I was actually in Japan and competed with my friends out of Canada in the competition

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01:21:45,120 --> 01:21:46,920

in Japan.

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01:21:46,920 --> 01:21:52,120

And we were the only North American team and I was the only person in the competition from

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01:21:52,120 --> 01:21:53,120

the US.

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01:21:53,120 --> 01:21:59,320

So it was mostly teams from Japan and Asia up there.

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01:21:59,320 --> 01:22:00,920

So which is crazy.

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01:22:00,920 --> 01:22:04,760

And we're not talking just, you know, hey, the patients there go get them.

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01:22:04,760 --> 01:22:11,440

We're talking, you know, our hour and a half scenarios to get some of these people out

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01:22:11,440 --> 01:22:13,580 and only five people to do it.

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01:22:13,580 --> 01:22:16,440

So very cool and unique thing to do.

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01:22:16,440 --> 01:22:18,460

And you carry all your equipment with you.

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01:22:18,460 --> 01:22:21,120

You have to carry everything with you so you can bring whatever you want.

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01:22:21,120 --> 01:22:24,000

You just have to be able to carry it on your back.

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01:22:24,000 --> 01:22:28,560

What did you notice about the difference with the Asian teams versus you?

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01:22:28,560 --> 01:22:32,720

When I think of Japanese firefighters and rope and obviously this isn't what we're talking

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01:22:32,720 --> 01:22:38,720

about, this is kind of more the militant drill training, but the incredible speed that they

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01:22:38,720 --> 01:22:42,920

do the rescue harness and some of these things in there, what I would imagine is probably

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01:22:42,920 --> 01:22:45,080

their academy.

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01:22:45,080 --> 01:22:47,760

But it seems, you know, I know I lived in Japan for 15 months.

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01:22:47,760 --> 01:22:52,400

They're very, and I say this, you know, compassionately, they're very obedient.

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01:22:52,400 --> 01:22:55,520

They don't really question authority as a culture.

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01:22:55,520 --> 01:22:58,960

There's a kind of respect for hierarchy there.

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01:22:58,960 --> 01:23:06,680

And then you've got a very high level of respect to what did you notice a contrast or any differences

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01:23:06,680 --> 01:23:12,120

between the kind of the Western side and the Asian side?

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01:23:12,120 --> 01:23:18,120

So the Japanese teams are amazing.

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01:23:18.120 --> 01:23:25.120

They take it to a regimented level on how to do things.

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01:23:25,120 --> 01:23:33,240

It is the way they can climb rope and at the speed they can climb rope is amazing.

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01:23:33,240 --> 01:23:38,400

Their concept of rope rescue is very young for the most part, at least knowing this stuff,

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01:23:38,400 --> 01:23:43,960

but they have taken over the past like, you know, five years, you know, something that

01:23:43.960 --> 01:23:49.280

wasn't a big deal and created an entire culture in Japan just around rope rescue.

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01:23:49,280 --> 01:23:54,200

And they've taken it so they literally went around and saw what everybody else was doing

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01:23:54,200 --> 01:23:59,560

and took all the good parts and created their own thing, which is amazing.

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01:23:59,560 --> 01:24:02,920

There's a, if you want to watch it, there's a YouTube video.

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01:24:02,920 --> 01:24:08,120

We had a videographer follow us in Japan and there's a YouTube video.

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01:24:08,120 --> 01:24:11,880

It's a Ronin rescue.

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01:24:11,880 --> 01:24:18,040

Look up Ronin rescue on YouTube and it will be under a Grimp Japan, Grimp G R I M P Japan.

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01:24:18.040 --> 01:24:22.040

And it's a two part, two part documentary.

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01:24:22,040 --> 01:24:26,360

So it's about like each episode is like 45 minutes and you can see there, like we do

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01:24:26,360 --> 01:24:27,440

a test.

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01:24:27,440 --> 01:24:32,840

We do like a practice run with the guys because they invited us down to train with one of

01:24:32,840 --> 01:24:34,640

the other teams there.

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01:24:34,640 --> 01:24:40,080

And so we did a little side by side competition against each other for practice and they smoked

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01:24:40,080 --> 01:24:42,640

us completely smoked us.

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01:24:42,640 --> 01:24:43,640

It was almost embarrassing.

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01:24:43,640 --> 01:24:48,040

It was actually kind of embarrassing, but you know, it, it's amazing.

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01:24:48,040 --> 01:24:53,180

And they were, they were all very cordial to us and you know, opened up, opened up their

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01:24:53,180 --> 01:24:55,480

training facilities for us to train in.

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01:24:55,480 --> 01:25:00,780

And then even helped us out getting some equipment because traveling across the country or across

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01:25:00,780 --> 01:25:05,840

the world to do some of these competitions, you're talking each person's carrying about

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01:25:05,840 --> 01:25:07,360

50 pounds of gear.

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01:25:07,360 --> 01:25:12,440

And then each person has, you know, 300 feet of rope plus a stretcher and, and everything

01:25:12,440 --> 01:25:13,440

else.

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01:25:13,440 --> 01:25:14,440

It gets kind of costly to do it.

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01:25:14,440 --> 01:25:17,680

So if you can have some local support of where you're going for some of these comps, it makes

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01:25:17,680 --> 01:25:19,600

all the difference in the world.

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01:25:19,600 --> 01:25:23,680

So they're very, very cool guys.

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01:25:23,680 --> 01:25:28,160

And they've even competed their top teams over there have competed in Europe.

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01:25:28,160 --> 01:25:33,840

The main competition is a Grimp over in Belgium that they do every year.

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01:25:33,840 --> 01:25:41,640

And I think one of their Japanese teams two years ago, you know, won it straight out.

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01:25:41,640 --> 01:25:45,160

It was very, very, very good, very, very good and well deserved for sure.

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01:25:45,160 --> 01:25:49,560

Well, that underlines what we're talking about before and having the humility to go.

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01:25:49,560 --> 01:25:53,640

And I think this applies to the fire service, the country, I mean, everything, you know,

01:25:53,640 --> 01:25:57,480

you're doing this really well, you know, teach me about this thing, you know, whether it's

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01:25:57,480 --> 01:26:02,040

I talk about this a lot, Norway's prisons, Finland's education system, the NHS in the

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01:26:02.040 --> 01:26:07.320

UK, when it was originally planned and still funded well, the actual principle, you know,

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01:26:07,320 --> 01:26:10,440

there's all these systems that do work really well if they're like I said, if they're supported

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01:26:10,440 --> 01:26:14,640

properly and having the humility to say, you know what, you know, for example, healthcare

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01:26:14,640 --> 01:26:16,920

in America, we're doing something wrong.

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01:26:16,920 --> 01:26:22,640

70% of our country is obese or overweight, you know, our prescription drugs are insanely

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01:26:22,640 --> 01:26:23,840

expensive.

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01:26:23,840 --> 01:26:27,320

People are dying of cancer and losing their house, you know, all these things like we

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01:26:27,320 --> 01:26:32,960

need to make a fix here, you know, which country is great at this and having the humility and

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01:26:32,960 --> 01:26:38,280

the the community to interact humbly with each other and these other countries, whether

01:26:38,280 --> 01:26:44,440

it's a fire department or a nation and knowledge share, then as I said, everyone benefits everyone.

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01:26:44,440 --> 01:26:46,600

Okay, well, let me teach you about this.

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01:26:46,600 --> 01:26:51,460

While you're here, Japan, you don't seem to have gangs murdering each other on every corner

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01:26:51,460 --> 01:26:52,640

of your street.

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01:26:52,640 --> 01:26:54,040

Talk to me about your culture.

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01:26:54,040 --> 01:26:56,200

What are you doing right that we're missing that you know what I mean?

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01:26:56,200 --> 01:26:58,840

So I think that's the that's what we need to do.

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01:26:58,840 --> 01:27:02,120

You know, we've got politicians beating their chest saying we're the greatest country in

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01:27:02,120 --> 01:27:03,120

the world.

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01:27:03,120 --> 01:27:05,940

But our statistics don't back that up.

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01:27:05,940 --> 01:27:09,680

We are a beautiful nation full of incredible people.

01:27:09,680 --> 01:27:13,000

But there are also other beautiful nations full of incredible people around the world

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01:27:13,000 --> 01:27:17,120

that we can share knowledge with and have the humility to learn from.

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01:27:17,120 --> 01:27:18,760

And everyone would benefit.

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01:27:18,760 --> 01:27:23,480

And that would also just like you with the teams that you've interacted, improve relationships

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01:27:23,480 --> 01:27:27,360

with other nations and maybe down the road even prevent some of these conflicts.

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01:27:27,360 --> 01:27:29,800

Oh, yeah, for sure.

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01:27:29,800 --> 01:27:34,800

And yeah, that's, you know, you know, what little we do in the in the rope world.

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01:27:34,800 --> 01:27:42,760

But you think the the Belgium competition, you know, you have the UK team, those, the

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01:27:42,760 --> 01:27:45,020

intervention of the UK.

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01:27:45,020 --> 01:27:49,040

They're another great team, really good group of guys over there.

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01:27:49,040 --> 01:27:54,240

And so you have like at that competition, you have, you know, a team from Wyoming, which

01:27:54,240 --> 01:28:00,240

ended up winning Michael Rush, those guys, you know, against, you know, the best in the

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01:28:00,240 --> 01:28:08,400

UK, the best in Japan, you know, France, you know, you've got the Belgium Fire Brigade,

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01:28:08,400 --> 01:28:14,880

all these different departments coming in one spot, you know, in in Belgium to compete

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01:28:14,880 --> 01:28:17,720

for a week in rope rescue company.

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01:28:17,720 --> 01:28:22,880

You know, it's it's amazing, you know, the connections that you can make and the friends

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01:28:22,880 --> 01:28:27,940

that I've made in doing all this stuff is is really cool that you can.

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01:28:27,940 --> 01:28:31,500

And then some of those guys on the UK team were the guys was one of the guys who came

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01:28:31,500 --> 01:28:34,100

down and taught us rope rescue stuff back in 2015.

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01:28:34,100 --> 01:28:35,600

And I saw him at a competition.

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01:28:35,600 --> 01:28:38,240

I'm like, like, we I know you.

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01:28:38,240 --> 01:28:39,880

He's like, yeah, I came down to Florida.

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1361
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01:28:39,880 --> 01:28:45,640

And sure enough, you know, hanging out and meet each other in California after, you know,

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01:28:45,640 --> 01:28:46,640

you know, six years.

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01:28:46,640 --> 01:28:48,680

So it's funny how that works out.

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01:28:48,680 --> 01:28:49,680

Amazing.

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01:28:49,680 --> 01:28:54,900

Well, you touched on the fact that a lot of people just can't afford to send teams full

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01:28:54,900 --> 01:28:57,760

of climbers with all that gear.

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01:28:57,760 --> 01:29:01,680

So talk to me about the creation of the Central Florida Rope Rescue Challenge.

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01:29:01,680 --> 01:29:02,680

Yeah.

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01:29:02,680 --> 01:29:10,720

So after we did in twenty two in twenty one when we competed in in Los Angeles, we had

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01:29:10,720 --> 01:29:14,960

a good we had an awesome time and we had a lot of support from different people to get

1371

01:29:14,960 --> 01:29:16,520

us there.

01:29:16,520 --> 01:29:22,920

And I've always been one when I do something like that, if I go to a class or sent to a

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01:29:22,920 --> 01:29:25,880

convention or something like that, I want to bring something back.

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01:29:25,880 --> 01:29:27,440

So I met with the team.

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01:29:27,440 --> 01:29:32,080

You know, we all talk to each other kind of on the way home and we're like, how do we

1376

01:29:32,080 --> 01:29:33,080

do this?

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01:29:33,080 --> 01:29:40,120

Is there is there a world where we could do a version of this for, you know, teams that

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01:29:40,120 --> 01:29:42,040

wouldn't be able to do this?

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01:29:42,040 --> 01:29:46,360

You know, because you end up you have to send five people plus an evaluator plus a victim.

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01:29:46,360 --> 01:29:48,040

You have to bring your own victim for these two.

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01:29:48,040 --> 01:29:50,920

So you've got to send seven people across the country.

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01:29:50,920 --> 01:29:58,160

So we talked and it was myself, Chris Ramey, Jeff Hansen, Donnie Krantz, Evan Peck and

01:29:58,160 --> 01:30:01,920

then the the Ronans.

1384

01:30:01,920 --> 01:30:07,480

And so we thought, hey, let's see if we can do a version of this in central Florida for

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01:30:07,480 --> 01:30:10,160

the local fire departments.

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01:30:10,160 --> 01:30:13,160

And there's sort of a pipe dream.

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01:30:13,160 --> 01:30:16,720

But we met with the the fire academy.

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01:30:16,720 --> 01:30:21,920

So currently, Valencia, the fire people at Valencia, and we kind of told them what we

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01:30:21,920 --> 01:30:23,760

wanted to do.

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01:30:23,760 --> 01:30:25,960

And they said, yes, kind of right off the bat.

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01:30:25,960 --> 01:30:31,680

They're like, as long as we do it on a day that doesn't interfere with their normal operations.

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01:30:31,680 --> 01:30:33,880

So basically had to be a weekend.

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01:30:33,880 --> 01:30:38,360

And they said, yeah, well, we'll do it and we'll help you guys out with advertising and

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1394
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01:30:38,360 --> 01:30:39,360 everything else.

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01:30:39,360 --> 01:30:40,800

And we're like, OK.

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01:30:40,800 --> 01:30:41,800

They said, yes.

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01:30:41,800 --> 01:30:48,960

So then we had to figure out a way to to do this and get sponsorship and create from scratch,

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01:30:48,960 --> 01:30:50,080

utilizing the facility.

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01:30:50,080 --> 01:30:54,280

We had an event that would be worth having.

1400

01:30:54,280 --> 01:30:56,440

So we did our first time last year.

1401

01:30:56,440 --> 01:30:59,560

We did we had eight teams.

1402

01:30:59,560 --> 01:31:00,560

It's a one day event.

1403

01:31:00,560 --> 01:31:07,920

We have five events and we had basically teams from all over central Florida come together.

1404

01:31:07,920 --> 01:31:12,120

And we had a team from South Florida that was our winners last year.

01:31:12,120 --> 01:31:16,960

And we had our friends over at Reedy Creek who got second place in the city of Orlando

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01:31:16,960 --> 01:31:19,400

got third place last year.

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01:31:19,400 --> 01:31:23,320

And we got a lot of good feedback from our first time doing it.

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01:31:23,320 --> 01:31:29,240

And we were discussing this year about doing it again.

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01:31:29,240 --> 01:31:31,440

We were thinking, oh, should we take a year off?

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01:31:31,440 --> 01:31:33,400

You know, it was a lot of work.

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01:31:33,400 --> 01:31:40,120

And then I had a conversation with Chris and it came down to, hey, the first one was successful.

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01:31:40,120 --> 01:31:45,640

And if we don't do it this year, we'll probably never do it again, you know, because the momentum

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01:31:45,640 --> 01:31:46,640

was there.

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01:31:46,640 --> 01:31:53,800

So we put it back together and now we have 10 teams this year and we have a bunch of

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01:31:53,800 --> 01:31:57,760

them are newcomer teams as well that have never done it before.

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01:31:57,760 --> 01:31:58,960

And they'll show up.

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01:31:58,960 --> 01:32:05,720

They have no basically pre-knowledge of the scenarios that they're given.

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01:32:05,720 --> 01:32:06,720

They're given out a bunch.

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01:32:06,720 --> 01:32:11,680

They're sent them a bunch of rules about like how to do things safely and per the rules

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01:32:11,680 --> 01:32:13,800

that we set up for the competition.

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01:32:13,800 --> 01:32:18,560

But they're going to show up in five person teams and going to compete head to head against

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01:32:18,560 --> 01:32:21,640

another team and during five different scenarios.

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01:32:21,640 --> 01:32:25,480

And we'll see who comes out on top.

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01:32:25,480 --> 01:32:29,600

And a big part about when we were setting this up was we obviously wanted to bring the

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01:32:29,600 --> 01:32:37,440

event to central Florida, but we wanted to, you know, also have it mean something, you

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01:32:37,440 --> 01:32:39,160

know, give back as well.

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01:32:39,160 --> 01:32:46,640

So each year we pick a charity where all the money that is collected from the teams goes

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01:32:46,640 --> 01:32:48,840

to a specific charity.

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01:32:48,840 --> 01:32:55,000

So everybody that goes as volunteers, we take a little bit of the money to pay for like

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01:32:55,000 --> 01:32:57,480

the food and the t-shirts and everything.

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01:32:57,480 --> 01:32:59,840

And then the rest goes to our charity.

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01:32:59,840 --> 01:33:08,320

Last year we had the UCF Restores, which is the PTSD center over at UCF, the help first

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01:33:08,320 --> 01:33:09,600

responders.

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01:33:09,600 --> 01:33:15,820

And then we had Give Kids the World, which is the it's a make a wish resort for kids

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01:33:15,820 --> 01:33:21,140

with the Make-A-Wish Foundation that want to come and visit the theme parks.

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01:33:21,140 --> 01:33:25,600

And then this year we wanted to put it all into one charity so we could give a bigger

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01:33:25,600 --> 01:33:26,600

check.

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01:33:26,600 --> 01:33:30,920

So this year we're going to do just Give Kids the World to give them the check.

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01:33:30,920 --> 01:33:34,320

So and then next year we'll see about maybe, you know, somewhere else.

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01:33:34,320 --> 01:33:36,360 But yeah, it's a great event.

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01:33:36,360 --> 01:33:43,200

And then we're going to have a new master of ceremonies yourself come in to join and,

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01:33:43,200 --> 01:33:44,960

you know, trying to make this a thing.

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01:33:44,960 --> 01:33:46,640

So it's going to be exciting.

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01:33:46,640 --> 01:33:48,160

Yeah, I'm excited.

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01:33:48,160 --> 01:33:49,160

I really am.

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01:33:49,160 --> 01:33:55,120

Obviously, having been a, you know, recruit, you know, a wannabe firefighter one day in

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01:33:55,120 --> 01:33:56,120

that same place.

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01:33:56,120 --> 01:34:00,120

I mean, I've been there for the Orlando Fire Academy and, you know, being on there not

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01:34:00,120 --> 01:34:02,200

as a young firefighter anymore.

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01:34:02,200 --> 01:34:05,760

But that's going to be kind of a cool, you know, circle round to now be in part of this

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01:34:05,760 --> 01:34:08,120

incredible competition that you've put together.

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01:34:08,120 --> 01:34:10,600

And I think also props to Reedy Creek.

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01:34:10.600 --> 01:34:15.680

I mean, they've done really well in you mentioned the ladder mill.

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01:34:15,680 --> 01:34:19,520

Rick's fire sled equipment, you know, he puts on a challenge every year.

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01:34:19,520 --> 01:34:22,880

And I think Reedy Creek have won it like one or two years in a row.

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01:34:22,880 --> 01:34:25,640

You're saying that their high angle teams is excellent as well.

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01:34:25,640 --> 01:34:32,860

So kudos to anyone, whether they do or don't get support from their department still taking

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01:34:32,860 --> 01:34:34,560

upon themselves to chase excellence.

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01:34:34,560 --> 01:34:36,320

I think that's admirable.

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01:34:36,320 --> 01:34:37,320

Yeah.

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01:34:37,320 --> 01:34:41,600

And, you know, competition can bring out, you know, can bring out the best in people

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01:34:41,600 --> 01:34:46,600

because especially the first year, you know, people are very apprehensive about doing this

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01:34:46,600 --> 01:34:51,580

because, you know, you think internally, you know, you might be good, but you're going

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01:34:51,580 --> 01:34:55,900

out there and I have respect for any team that does one of these competitions, you know,

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01:34:55,900 --> 01:34:59,320

no matter how you do, because you're putting it on the line, you know, you're going out

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01:34:59,320 --> 01:35:05,000

there and saying, I'm going to put my skills to the test for everybody to see.

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01:35:05,000 --> 01:35:07,340

And this is a very small world.

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01:35:07,340 --> 01:35:11,660

You know, there's it's not like most sports that have all this, you know, infrastructure

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01:35:11,660 --> 01:35:13,080

to look at and everything.

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01:35:13,080 --> 01:35:16,020

There's no real book on how to do all this stuff.

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01:35:16,020 --> 01:35:20,800

You just have to be like, OK, I'm confident in my team's ability to do this and let's

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01:35:20,800 --> 01:35:25,800

see how we do, you know, and can come out going, hey, I saw what these guys did.

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01:35:25,800 --> 01:35:26,800

They did this.

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01:35:26,800 --> 01:35:28,040

This was a lot faster.

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01:35:28,040 --> 01:35:34,100

And then the biggest change I see is seeing that filter out what we were doing into all

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01:35:34,100 --> 01:35:39,440

of these departments where now most of the departments in the central Florida area are

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01:35:39,440 --> 01:35:45,240

using the smaller diameter 11 mil rope and a lot of the equipment and ideas that we have

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01:35:45,240 --> 01:35:49,780

implemented in my department and in the in the companies I teach with.

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01:35:49,780 --> 01:35:54,500

I'm now seeing a lot of that in the area and is expanded outward.

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01:35:54,500 --> 01:35:58,040

And that's kind of what we wanted to do.

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01:35:58,040 --> 01:36:02,280

And to have that to be a part of that's pretty cool.

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01:36:02,280 --> 01:36:07,680

And I love we got some teams that not from the central Florida area coming this year.

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01:36:07,680 --> 01:36:08,760 And I think that's awesome.

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01:36:08,760 --> 01:36:09,760

And that's what I want.

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01:36:09,760 --> 01:36:13,440

You know, if this grows and we have people from out of state one year, that would be

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01:36:13,440 --> 01:36:15,560

really cool, too.

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01:36:15,560 --> 01:36:18,520

One more area I want to hit before we go to some closing questions, because it's important

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01:36:18,520 --> 01:36:24,880

because I'm seeing the the the fire academy of mine right now.

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01:36:24,880 --> 01:36:31,080

What I have observed in some places that I've worked, Anaheim was phenomenal at training.

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01:36:31,080 --> 01:36:35,160

We trained constantly, as you said, if you're going to be on a truck company in California,

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01:36:35,160 --> 01:36:39,520

you're constantly cutting roofs, you're constantly brushing up on building construction, you're

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01:36:39,520 --> 01:36:44,680

doing fire service and all the things to make sure that you are being as safe as possible

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01:36:44,680 --> 01:36:48,200

and you're you're effective on a roof and you get off the roof straight away.

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01:36:48,200 --> 01:36:52,040

So therefore you do make it a safe operation or as safe as you can.

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01:36:52,040 --> 01:36:55,400

Conversely, there are areas where there's box checking.

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01:36:55,400 --> 01:36:58,560

You do an evolution once for your annual training in the fire department.

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01:36:58,560 --> 01:36:59,560

All right, you did it.

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01:36:59,560 --> 01:37:00,560

You're good.

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01:37:00,560 --> 01:37:01,560

You're slow.

1500

01:37:01,560 --> 01:37:03,720

And a lot of times maybe with zero realism as well.

1501

01:37:03,720 --> 01:37:08,360

You go search a completely empty burn room with a bale of hay in the corner and then

1502

01:37:08,360 --> 01:37:19,080

you go talk to me about the courage of being willing to fail on a training ground, because

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01:37:19,080 --> 01:37:23,480

I would imagine there's a lot of apprehension in some of these new teams and they're overcoming

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01:37:23,480 --> 01:37:25,220

a fear of looking stupid.

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01:37:25,220 --> 01:37:28,120

Doesn't mean they're going to look stupid, but we always have that little mind like,

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01:37:28,120 --> 01:37:30,000

oh, everyone's going to know you're actually a bit shit.

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01:37:30,000 --> 01:37:32,640

I have that very strong in my mind.

1508

01:37:32,640 --> 01:37:36,440

But you show up anyway, because there's no better place than the draw ground to make

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01:37:36,440 --> 01:37:39,680

mistakes even if you do correct them, learn, get the reps in.

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01:37:39,680 --> 01:37:43,400

And then when you're out in the real world with someone's life is in the balance, hopefully

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01:37:43,400 --> 01:37:45,160

you'll actually execute properly.

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01:37:45,160 --> 01:37:50,440

So what have you seen as far as fear, fear of looking stupid, getting in the way of people

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01:37:50,440 --> 01:37:53,080

actually getting better as firefighters?

01:37:53,080 --> 01:37:56,480

Yeah, that's that takes that's a lot.

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01:37:56,480 --> 01:38:02,480

That's a hard hurdle for a lot of people to get past about looking that it is OK to fail

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01:38:02,480 --> 01:38:05,760

in training.

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01:38:05,760 --> 01:38:10,080

And then there was there has been I've seen a lot of apprehension about doing it and that

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01:38:10,080 --> 01:38:11,080

is OK.

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01:38:11,080 --> 01:38:12,520

Nobody's going to make fun of you.

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01:38:12,520 --> 01:38:15,080

Nobody's going to like it.

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01:38:15,080 --> 01:38:17,240

If I'm involved in it, it's not going to be that way.

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01:38:17,240 --> 01:38:19,840

It's I want people to learn.

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01:38:19,840 --> 01:38:25,080

And you know, that documentary I told you about the bus going to Japan, you're going

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01:38:25,080 --> 01:38:26,760

to see a screw up.

01:38:26,760 --> 01:38:28,040

You are going to see a screw up.

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01:38:28,040 --> 01:38:32,880

You're going to see in that, you know, it doesn't always go well, you know, especially

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01:38:32,880 --> 01:38:35,320

you put pressure on people to do stuff.

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01:38:35,320 --> 01:38:39,440

You know, it's you know, they they kicked our butts and that's OK.

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01:38:39,440 --> 01:38:45,760

But I can I can tell somebody who's going to, you know, potentially, you know, say like,

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01:38:45,760 --> 01:38:50,280

well, you know, why did you go if you ended up not placing or anything like that?

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01:38:50,280 --> 01:38:55,400

It's like I got to go to Japan and hang out with, you know, all these wonderful people

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01:38:55,400 --> 01:38:56,400

from all over the world.

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01:38:56,400 --> 01:38:58,520

And I put it on the line out there.

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01:38:58,520 --> 01:39:05,620

And it just just because, you know, you know, we didn't place or whatever, you know, anybody

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01:39:05,620 --> 01:39:10,880

who has the, you know, courage to participate in one of these competitions and put it out

01:39:10.880 --> 01:39:19.200

there, even if they don't do well, is going to is going to be successful in a real operation.

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01:39:19,200 --> 01:39:25,440

You know, like the type of rescues that are being asked to do in some of these competitions

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01:39:25,440 --> 01:39:30,320

that are supposed to be done within an hour or an hour and a half are like multi hour

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01:39:30,320 --> 01:39:33,040

rescues in the real world.

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01:39:33,040 --> 01:39:38,300

And the fact that you can limit now down to you only the equipment you carry and you only

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01:39:38,300 --> 01:39:40,640

have five people.

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01:39:40,640 --> 01:39:46,240

You know that if you can work under those conditions and under that pressure and do

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01:39:46,240 --> 01:39:50,240

it, it's going to change the way when you go back to do real rescues, you're going to

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01:39:50,240 --> 01:39:53,880

be like, oh, this training evolution doesn't need to take three hours.

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01:39:53,880 --> 01:39:54,880

We can do this.

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01:39:54,880 --> 01:39:58,240

This is easy to train for the really hard stuff.

01:39:58.240 --> 01:40:02.240

And then when you show up for the easy stuff, you're like, oh, we got this.

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01:40:02,240 --> 01:40:06,440

But yeah, it's it's OK to fail.

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01:40:06,440 --> 01:40:07,960

It's OK to fail in competition.

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01:40:07,960 --> 01:40:09,920

It's OK to fail in training.

1551

01:40:09,920 --> 01:40:15,400

I, you know, rather have people do it there than in the real world and see it on the news.

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01:40:15,400 --> 01:40:16,400

Yeah.

1553

01:40:16,400 --> 01:40:22,200

Like I said, you watch the documentary, you'll see us grew up a bunch and it's awesome.

1554

01:40:22,200 --> 01:40:24,800

I have no problem putting it out there.

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01:40:24,800 --> 01:40:27,600

Yeah, no, I think but I think you learn more from failures.

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01:40:27,600 --> 01:40:31,400

I used to do martial arts for years and I would train much harder after a loss and a

1557

01:40:31,400 --> 01:40:35,920

win because when you win, you kind of you have that voice going, oh, OK, you're good.

01:40:35,920 --> 01:40:36,920

You're not good.

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01:40:36,920 --> 01:40:37,920

But, you know, you keep going.

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01:40:37,920 --> 01:40:39,920

So if you have a few bad days.

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01:40:39,920 --> 01:40:40,920

Yeah.

1562

01:40:40,920 --> 01:40:41,920

Yeah.

1563

01:40:41,920 --> 01:40:43,560

And you got to, you know, I like the way of being tested, too, because, yeah, now you

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01:40:43,560 --> 01:40:46,960

change the way you do this, now you have the humility to listen to some of the instructors

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01:40:46,960 --> 01:40:50,960

or other students that are in and you see things differently.

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01:40:50,960 --> 01:40:57,000

And actually, when we did VMR, that was my second VMR class when I was at the creek.

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01:40:57,000 --> 01:41:01,520

And the guy that I went to to get, you know, the the permission to think it was the, you

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01:41:01,520 --> 01:41:05,200

know, the education incentive I was using, he's like, well, why do you want to do this

01:41:05,200 --> 01:41:06,200 again?

1570

01:41:06,200 --> 01:41:07,200

You've already done it.

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01:41:07,200 --> 01:41:10,880

I'm like, therein lies the problem because I did it three, four years ago.

1572

01:41:10,880 --> 01:41:13,040

I want to be proficient on the tool.

1573

01:41:13,040 --> 01:41:17,640

And no other place, you know, can you get a week's worth of tool time in a decay?

1574

01:41:17.640 --> 01:41:21,440

No, in a department, you might get, you know, five minutes on a tool, then you got to hand

1575

01:41:21,440 --> 01:41:23,080

it off to the next person.

1576

01:41:23,080 --> 01:41:26,680

So and I want to keep screwing up and I want it because I can't remember how to do a clamshell.

1577

01:41:26,680 --> 01:41:27,680

It's been three years.

1578

01:41:27,680 --> 01:41:29,440

Yeah, I don't have that kind of brain.

1579

01:41:29,440 --> 01:41:32,200

So I think it is a beautiful place to fail.

01:41:32,200 --> 01:41:34,960

And if someone's laughing, then you just take him out the back, give him a smack in the

1581

01:41:34,960 --> 01:41:36,760

head and then bring it back.

1582

01:41:36,760 --> 01:41:40,760

Because you shouldn't be laughing at people that have shown up willing to fail.

1583

01:41:40,760 --> 01:41:44,160

You know, I don't care if it's in a gym and they're showing up and they're out of shape,

1584

01:41:44,160 --> 01:41:45,660

but they're in a gym.

1585

01:41:45,660 --> 01:41:49,280

Or if they're trying to, you know, remember how to tie a bowlin, if you're there showing

1586

01:41:49,280 --> 01:41:52,720

up, you are doing the right thing, whatever level you're at.

1587

01:41:52,720 --> 01:41:53,720

Yeah.

1588

01:41:53,720 --> 01:41:58,920

And every time like we something like this happens or internally as a department, if

1589

01:41:58,920 --> 01:42:03,680

you're doing some kind of like testing coming up or something, there's suddenly an increase

1590

01:42:03,680 --> 01:42:06,920

in training and everybody starts doing it, you know, and everybody starts practicing

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1591
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01:42:06,920 --> 01:42:10,680

you over doing rope assessments in the truck program again, all of a sudden there's

1592

01:42:10,680 --> 01:42:13,680

ropes hanging in the bay and everybody's practicing again.

1593

01:42:13,680 --> 01:42:15,360

And that's what it is.

1594

01:42:15,360 --> 01:42:22,080

You know, I want to focus away from, you know, it's like, I want you to come in with the

1595

01:42:22,080 --> 01:42:25,160

knowledge like if, you know, if we have to teach you how to tie knots and we'll teach

1596

01:42:25,160 --> 01:42:28,160

you how to tie knots, but that doesn't need to be the focus.

1597

01:42:28,160 --> 01:42:30,200

I need you to see the bigger picture of this.

1598

01:42:30,200 --> 01:42:34,900

This is just, you know, the idea of you being able to tie a certain knot is whether or not

1599

01:42:34,900 --> 01:42:38,080

you know how to uncouple a hose or something.

1600

01:42:38,080 --> 01:42:43,760

Just putting it all together to fight that fire or to put the, to do that rescue is what

1601

01:42:43,760 --> 01:42:44,760

we want to see.

01:42:44,760 --> 01:42:49,160

And we saw some amazing things last year from, you know, departments that are not involved

1603

01:42:49,160 --> 01:42:55,400

in the way I am in competition and stuff, because you put a time limit on people and

1604

01:42:55,400 --> 01:42:59,120

restrictions and they, they will rise to that.

1605

01:42:59,120 --> 01:43:01,760

They will, you know, we're like, Oh, well, I guess we have to make them a little bit

1606

01:43:01,760 --> 01:43:04,760

harder next year because they're doing so good.

1607

01:43:04,760 --> 01:43:06,760

So, and they will be harder.

1608

01:43:06,760 --> 01:43:07,760

Brilliant.

1609

01:43:07,760 --> 01:43:08,760

All right.

1610

01:43:08,760 --> 01:43:12,440

Well, the first of the closing questions, is there a book or are there books that you

1611

01:43:12,440 --> 01:43:13,440

love to recommend?

1612

01:43:13,440 --> 01:43:18,040

It can be related to our conversation today or completely unrelated.

01:43:18,040 --> 01:43:20,600

Books.

1614

01:43:20,600 --> 01:43:23,400

I like it.

1615

01:43:23,400 --> 01:43:27,480

Probably somebody's probably mentioned it on here, but there's a, I think it's 6,000

1616

01:43:27,480 --> 01:43:31,880

or 3000 degrees about the Brewster Cold Storage fire.

1617

01:43:31,880 --> 01:43:33,640

Somebody recommended that one.

1618

01:43:33,640 --> 01:43:38,280

That's a very good book about that fire that they had in Massachusetts.

1619

01:43:38,280 --> 01:43:40,520

I think it was 99 or something.

1620

01:43:40,520 --> 01:43:44,800

Fire department related, really good story, you know, and then people know it usually

1621

01:43:44,800 --> 01:43:50,440

from the story about the battalion chief who blocked the doorway from other people going

1622

01:43:50,440 --> 01:43:51,440

into that fire.

1623

01:43:51,440 --> 01:43:54,440

Cause they ended up losing, I think six guys, if I remember correctly.

01:43:54,440 --> 01:43:57,920

And he basically stood with his arms in front of the door and said, nobody's going in.

1625

01:43:57,920 --> 01:44:02,040

And, you know, the, the way the, you know, the cojones it would take to say something

1626

01:44:02,040 --> 01:44:07,040

like that because it's crazy, but that's a, for any, you know, somebody listened to podcasts

1627

01:44:07,040 --> 01:44:08,040

like that.

1628

01:44:08,040 --> 01:44:09,040

It's a great book to read.

1629

01:44:09,040 --> 01:44:11,040

I think it's 6,000 or 3000.

1630

01:44:11,040 --> 01:44:12,040

Yeah.

1631

01:44:12,040 --> 01:44:13,040

Brilliant.

1632

01:44:13,040 --> 01:44:14,040

All right.

1633

01:44:14.040 --> 01:44:15,040

What about film?

1634

01:44:15,040 --> 01:44:19,120

You mentioned a documentary overseas about your, your Japan competition, but what about

01:44:19,120 --> 01:44:25,640

other films and documentaries?

1636

01:44:25,640 --> 01:44:30,520

There is, I think there's, there's that one.

1637

01:44:30,520 --> 01:44:39,680

I think it's called brotherhood about, FDNY post 9 11.

1638

01:44:39,680 --> 01:44:45,520

I think it focused a lot on their special operations companies and then them rebuilding.

1639

01:44:45,520 --> 01:44:51,240

And it was like only like a year or so out of after 9 11.

1640

01:44:51,240 --> 01:44:56,040

And like a lot of guys were having being put in roles and having to step up and changes

1641

01:44:56,040 --> 01:44:59,640

about a crazy incident that they had out there.

1642

01:44:59,640 --> 01:45:01,760

And I think that's a good one to watch.

1643

01:45:01,760 --> 01:45:06,080

And for sure, that's kind of related to what we're doing.

1644

01:45:06,080 --> 01:45:09,680

I just had Mickey Farrell on the show, FDNY truck.

1645

01:45:09,680 --> 01:45:11,440

I think he's Lieutenant.

01:45:11,440 --> 01:45:16,140

And he was literally in the Academy, either side of 9 11.

1647

01:45:16,140 --> 01:45:17,640

So they ended up working in the pile.

1648

01:45:17,640 --> 01:45:22,040

And so he's now assigned to a firehouse, you know, basically like the replacement in the

1649

01:45:22,040 --> 01:45:24,300

world war II, you know, unit, you know what I mean?

1650

01:45:24,300 --> 01:45:29,320

And it was such a raw, unique perspective to come because, you know, he's, it was going

1651

01:45:29,320 --> 01:45:33,040

to be a wide eyed rookie going to go there and have the senior man, you know, mentor

1652

01:45:33,040 --> 01:45:34,360

him and all this stuff.

1653

01:45:34,360 --> 01:45:39,880

And now the firehouse is full of, you know, broken, grieving men and women.

1654

01:45:39,880 --> 01:45:45,400

You know, so hearing what it was like day one to be immediately after 9 11 was extremely

1655

01:45:45,400 --> 01:45:46,400

powerful.

1656

01:45:46,400 --> 01:45:50,140

And you really kind of got an insight into not just obviously the three, four, three

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1657
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01:45:50,140 --> 01:45:53,040

in the funerals, but like all that knowledge has gone.

## 1658

01:45:53,040 --> 01:45:55,920

And where did these young recruits even start to learn again?

#### 1659

01:45:55,920 --> 01:45:56,920

So it was really powerful.

## 1660

01:45:56,920 --> 01:45:57,920

Oh, yeah.

#### 1661

01:45:57,920 --> 01:45:58,920

Under those conditions.

## 1662

01:45:58,920 --> 01:45:59,920

Yeah.

#### 1663

01:45:59,920 --> 01:46:00,920

All right.

### 1664

01:46:00,920 --> 01:46:03,960

Well, then speaking of great people, is there a person that you recommend to come on this

### 1665

01:46:03,960 --> 01:46:09,040

podcast as a guest to speak to the first responders, military and associated professions of the

#### 1666

01:46:09,040 --> 01:46:13,200

world?

#### 1667

01:46:13,200 --> 01:46:19,080

I think you should get Captain Troy Broadway on here from he had that rescue.

01:46:19,080 --> 01:46:20,880

He was part of that rescue.

1669

01:46:20,880 --> 01:46:26,280

And maybe the guy, some of the guys that were involved in that dive rescue call, I think

1670

01:46:26,280 --> 01:46:28,600

that would be a good one to have one here.

1671

01:46:28,600 --> 01:46:34,880

And then could probably my friend Mark Pfeiffer from Canada.

1672

01:46:34,880 --> 01:46:37,440

He's got his own little podcast that does rescue stuff.

1673

01:46:37,440 --> 01:46:44,520

And I do a lot of what I do and have a lot to think of that man who is who does nothing

1674

01:46:44,520 --> 01:46:50,680

but freely give information about all the about what he does.

1675

01:46:50,680 --> 01:46:56,360

And he he was the first he took the first team, the North American team to Europe and

1676

01:46:56,360 --> 01:47:01,120

for rescue competitions for Grimp and brought it and went over there and had a lot of the

1677

01:47:01,120 --> 01:47:02,800

same experiences.

1678

01:47:02,800 --> 01:47:07,200

You know, they're like, oh, well, these guys are doing things a lot better and has since

01:47:07,200 --> 01:47:11,880

brought a lot of that back to North America and has been like an advocate for that and

1680

01:47:11,880 --> 01:47:13,760

freely gives out information.

1681

01:47:13,760 --> 01:47:19,480

Anybody who does rope competitions, you know, contacts him and, you know, he goes, yeah,

1682

01:47:19,480 --> 01:47:20,480

this is what you need to do.

1683

01:47:20,480 --> 01:47:25,800

He's very open with his information and and has like podcasts on stuff that he's done

1684

01:47:25,800 --> 01:47:28,760

in competitions and he goes over it and all that.

1685

01:47:28,760 --> 01:47:30,200

But yeah, I can talk to him.

1686

01:47:30,200 --> 01:47:31,880

Mark Pfeiffer, good guy.

1687

01:47:31,880 --> 01:47:32,880

Let's make it happen.

1688

01:47:32,880 --> 01:47:33,880

Both of those.

1689

01:47:33,880 --> 01:47:34,880

Thank you.

01:47:34,880 --> 01:47:35,880

All right.

1691

01:47:35,880 --> 01:47:37,760

Well, the last question before you make sure everyone knows where to find you and obviously

1692

01:47:37,760 --> 01:47:41,800

the competition, what you do to decompress.

1693

01:47:41,800 --> 01:47:43,480

What do I do to decompress?

1694

01:47:43,480 --> 01:47:47,520

I love the beach.

1695

01:47:47,520 --> 01:47:50,760

I love the beach if it's just me.

1696

01:47:50,760 --> 01:47:54,840

I live really close to the theme parks, so I sometimes will just take my daughter or

1697

01:47:54,840 --> 01:48:02,800

my son and we'll just walk around the theme park for a while and be outside and, you know,

1698

01:48:02,800 --> 01:48:09,360

and then I listen to a lot of audio books and podcasts and stuff and go on my runs over

1699

01:48:09,360 --> 01:48:10,840

here in the central Florida area.

1700

01:48:10,840 --> 01:48:16,640

I got a couple of running paths over near the attractions and I like to run in the evening

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1701
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01:48:16,640 --> 01:48:18,000

when the fireworks are going off.

# 1702

01:48:18,000 --> 01:48:20,080

There's some good running paths over here.

#### 1703

01:48:20,080 --> 01:48:21,320

So yeah, that's me.

## 1704

01:48:21,320 --> 01:48:26,640

Just be with my family and, you know, the beach is nice and all that.

### 1705

01:48:26,640 --> 01:48:29,080

We started in Huntington Beach when I was there.

# 1706

01:48:29,080 --> 01:48:33,600

They just officially named themselves Surf City USA.

### 1707

01:48:33,600 --> 01:48:35,600

I think it was.

### 1708

01:48:35,600 --> 01:48:38,720

I think it was to the contention of some other areas.

# 1709

01:48:38,720 --> 01:48:40,600

But it's funny where I live now.

#### 1710

01:48:40,600 --> 01:48:43,160

Ocala calls themselves Horse Capital of the World.

## 1711

01:48:43,160 --> 01:48:45,440

I don't know if the rest of the world agrees.

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1712
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01:48:45,440 --> 01:48:50,760

But anyway, do you still surf now, now you're on the East Coast?

1713

01:48:50,760 --> 01:48:53,680

I do not as much as I would like.

1714

01:48:53,680 --> 01:48:56,920

I probably only get out there a few times a year.

1715

01:48:56,920 --> 01:49:01,120

It's just a little bit more of a drive than it used to be before.

1716

01:49:01,120 --> 01:49:06,040

We're talking my high school was a block from the beach.

1717

01:49:06,040 --> 01:49:07,320

So it's definitely a lot easier.

1718

01:49:07,320 --> 01:49:11,720

So now it's more of an ordeal and getting the kids out and all that.

1719

01:49:11,720 --> 01:49:16,240

So but I try still still got my boards if I ever needed to dust them off.

1720

01:49:16,240 --> 01:49:21,040

So maybe as my kids get older, I'll get back into it a little bit more, but wish I would

1721

01:49:21,040 --> 01:49:22,040

do it more.

1722

01:49:22,040 --> 01:49:23,040

Brilliant.

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1723
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01:49:23,040 --> 01:49:24,040

All right.

#### 1724

01:49:24,040 --> 01:49:26,400

Well, then the competition then firstly, where can people find that?

#### 1725

01:49:26,400 --> 01:49:30,900

I know that it's free to come and watch and then, you know, to tell me if someone's interested

# 1726

01:49:30,900 --> 01:49:34,280

for planning for next year, how can they actually send a team?

### 1727

01:49:34,280 --> 01:49:35,280

Yep.

## 1728

01:49:35,280 --> 01:49:37,480

So it's going to be March 2nd.

#### 1729

01:49:37,480 --> 01:49:43,080

I would say get there about 7am and it's at the Valencia College Fire Rescue Institute

### 1730

01:49:43,080 --> 01:49:51,000

on 2966 West Oak Ridge Road, Orlando, Florida, 32809.

# 1731

01:49:51,000 --> 01:49:55,680

And I would say it's free to come out and watch.

#### 1732

01:49:55,680 --> 01:50:01,520

If you want information about it, you can follow me on Instagram, rope underscore rescue

#### 1733

01:50:01,520 --> 01:50:04,280

underscore guy on Instagram.

01:50:04,280 --> 01:50:07,880

And that's where I post all the stuff.

1735

01:50:07,880 --> 01:50:15,120

And usually coming up, probably it's usually we start thinking about it in like fall is

1736

01:50:15,120 --> 01:50:18,120

when we start kind of planning it for the upcoming.

1737

01:50:18,120 --> 01:50:19,760

So we give plenty of advance notice.

1738

01:50:19,760 --> 01:50:23,200

So if you follow me on Instagram, you'll get all that info.

1739

01:50:23,200 --> 01:50:26,140

And yeah, it should be a really good time.

1740

01:50:26,140 --> 01:50:27,140

Come out and see.

1741

01:50:27,140 --> 01:50:28,140

It's fun.

1742

01:50:28,140 --> 01:50:30,120

We got a relay, our rope relay.

1743

01:50:30,120 --> 01:50:34,080

It's probably the big draw for people to watch.

1744

01:50:34,080 --> 01:50:35,760

And yeah, we're going to have food out there.

01:50:35,760 --> 01:50:37,160

It's going to be a really good time.

1746

01:50:37,160 --> 01:50:43,160

And the rope relay is two teams at a time, head to head, head to head, doing a currently

1747

01:50:43,160 --> 01:50:47,920

undisclosed set of skills going through.

1748

01:50:47,920 --> 01:50:51,380

So that's really cool to watch them go head to head like that.

1749

01:50:51,380 --> 01:50:53,680

And that's kind of how the whole competition has worked out.

1750

01:50:53,680 --> 01:50:56,140

Each scenario has its mirror.

1751

01:50:56,140 --> 01:50:59,040

So two teams do the same scenario at the same time.

1752

01:50:59,040 --> 01:51:03,600

It helps us get through the day faster.

1753

01:51:03,600 --> 01:51:06,440

But you also so you have a kind of a ticking clock next to you.

1754

01:51:06,440 --> 01:51:10,000

So we have to figure out scenarios that kind of mirror each other.

1755

01:51:10,000 --> 01:51:11,880

So it's limiting on what we can do.

01:51:11,880 --> 01:51:13,520

And we have to be a little creative with that.

1757

01:51:13,520 --> 01:51:18,760

But we're able to get more teams by doing it that way.

1758

01:51:18,760 --> 01:51:22,880

But I do find it fun to do it right next to another team because that's how they did it

1759

01:51:22,880 --> 01:51:26,280

in when I was in LA.

1760

01:51:26,280 --> 01:51:29,600

We had a we went head to head against another team.

1761

01:51:29,600 --> 01:51:32,080

And that does amplify your stress levels.

1762

01:51:32,080 --> 01:51:35,040

And I think it brings out the better in you.

1763

01:51:35,040 --> 01:51:36,040

Absolutely.

1764

01:51:36,040 --> 01:51:37,800

Well, Ryan, I want to say thank you so much.

1765

01:51:37,800 --> 01:51:40,280

It's so funny that we're having this conversation now.

1766

01:51:40,280 --> 01:51:45,400

I mean, you know, I think you were hired a couple of years before I got to Orange County.

01:51:45,400 --> 01:51:47,160

And I remember being at 51 a lot.

1768

01:51:47,160 --> 01:51:49,860

So obviously, that's where we passed and shift change normally.

1769

01:51:49,860 --> 01:51:52,760

And then, you know, fast forward a few years, we're doing VMR together.

1770

01:51:52,760 --> 01:51:57,000

And now here we are, you know, about to be part of your amazing event in a couple of

1771

01:51:57,000 --> 01:51:58,000

weeks.

1772

01:51:58,000 --> 01:52:00,320

So I want to thank you so much for being so generous with your time and coming on the

1773

01:52:00,320 --> 01:52:01,320

show today.

1774

01:52:01,320 --> 01:52:03,400

Oh, no, thank you, James.

1775

01:52:03,400 --> 01:52:04,400

Thank you.

1776

01:52:04,400 --> 01:52:06,280

And I think you were just starting out this podcast.

1777

01:52:06,280 --> 01:52:07,280

I think it was brand new.

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1778
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01:52:07,280 --> 01:52:10,480

I think you're handing out cards and saying, hey, I'm doing this thing.

1779

01:52:10,480 --> 01:52:11,480

I still do that.

1780

01:52:11,480 --> 01:52:12,480

Good.

1781

01:52:12,480 --> 01:52:13,480

Yeah.

1782

01:52:13,480 --> 01:52:14,480

Good for you, man.

1783

01:52:14,480 --> 01:52:17,940

Good for you and everything you've been doing and being an advocate for first responders

1784

01:52:17,940 --> 01:52:18,940

and everything.

1785

01:52:18,940 --> 01:52:19,940

Well respected.

1786

01:52:19,940 --> 01:52:20,940

So glad you're going to be a part of this.

1787

01:52:20,940 --> 01:52:35,240

I'm looking forward to doing it.